

## **Information Pack**

### **Art Therapy Supervision Diploma**

#### **Qualification title and level**

Level 6 Diploma in Art Therapy Supervision, CPCAB (Counselling and Psychotherapy Central Awarding Body) and BAAT.

Total qualification time: 485 learning hours. The course can be done either as one year full-time or two years part-time option.

#### **1. Description of the qualification including the course aims and objectives.**

The course is a level 6 Diploma for Arts Therapists qualified to MA or equivalent level and for suitably qualified professionals who use art within their supervisory practice or supervise art therapists or arts in health practitioners as part of their work. Overseas applicants with suitable experience who wish to specialise in this area are also welcomed to apply.

This intensive theoretically-informed and practice-based course will equip learners with the knowledge and skills required to provide effective, inspiring, ethical and evidence-based supervision to a range of supervisees. Art-based processes in supervision will feature prominently in the curriculum and include techniques and exercises on art-making within supervision. Participants will also be required to use visual diaries as part of their learning process. Understanding implications of the legal framework as well as organisational dynamics and their impact on supervision will be an integral part of the course. The training will also focus on enabling participants to become research-aware supervisors and to learn how to evaluate the efficacy of their supervisory work.

#### **2. Training requirements**

- Taught modules: all full-time and part-time learners will be required to attend a two-day introduction module, followed by eleven monthly modules which will run on Tuesdays from 10am to 6pm and will be delivered at BAAT HQ in Islington.
- Supervisory practice: Supervising fortnightly 2 to 3 art therapists/arts practitioners over at least 6 months or a combination of groups and individual supervision. Part-time learners will undertake their supervisory work in the 2<sup>nd</sup> year (see FAQs for more details).
- Supervision of supervisory practice: individual 1.5 hours monthly supervision (in the 2<sup>nd</sup> year for part-time learners) will be provided.
- Group supervision of supervisory work will also be provided during the modules and part-time learners will be required to attend 3 additional groups (one per term) in the second year).

#### **3. Written requirements**

- Essay critiquing 2 or more models of supervision (3500 – 4000 words)
- Evaluation of supervision practice: recording, transcribing and analysing excerpts of 2 supervision sessions (2000 words)
- Final Case Study including synopsis of evaluation data above (7000 words)

#### **4. Additional requirements**

- Pre-module reading of articles
- Keeping a visual diary
- Attendance at two individual tutorials for review and support of draft of written work

#### **5. Learning Objectives**

The course addresses 7 overarching learning objectives which are described in detail in the course handbook (this will be accessible to participants who register on the training)

- Work safely, legally and ethically as an art therapy supervisor
- Understand the legal framework of supervision
- Work effectively as a supervisor
- Manage concerns and potential failures in supervision
- Evaluate and update supervisory practice
- Understand organizational and group context and dynamics
- Define and market own supervisory practice

#### **6. Assessment – what will be assessed and how.**

Students will be required to submit a portfolio to evidence their understanding of the 7 core learning objectives. The portfolio will contain an index clearly specifying where the supporting evidence can be found and how it relates to the core learning outcomes. Assessments will be undertaken by seminar leaders, supervisor-tutors, self and peers.

In order to successfully pass the qualification your portfolio must provide evidence gathered from the 6 output strands for each criterion across the 7 learning outcomes.

Essay written submissions should evidence knowledge of models of supervision and critical thinking. Learning objectives need to be evidenced over the course of the whole training.

- Case study presentation should evidence all the learning objectives
- Records of supervisions-tutorials should evidence all learning objectives
- Records of participation in seminars should evidence all learning objectives
- Ongoing Visual Journal submission should evidence all learning objectives
- Transcribed supervision sessions and analysis of these should evidence all learning objectives

All learners will have a mid-course assessment to review their progress in meeting the learning objectives and identify achievements and challenges. Final assessment will include a viva examination where learners will present a synopsis of their case study and reflection on their visual diary.

## 7. Teaching Faculty

Dr Val Huet will hold overall responsibility for course content and delivery. Quality assurance will be monitored and supervised by Tim Wright, Chair of the BAAT. An additional 5-7 relevantly experienced Consultant Tutors will deliver specific specialist teaching modules.

## 8. Dates and times of modules for 2020

### Term 1: Spring 2020

- January 14<sup>th</sup> & 15<sup>th</sup> January (2-day introductory module)
- February 13<sup>th</sup>
- March 10<sup>th</sup>

### Term 2: Summer 2020

- April 21<sup>st</sup>
- May 19<sup>th</sup>
- June 23<sup>rd</sup>
- July 21<sup>st</sup>

### Term 3: Autumn 2020

- September 8<sup>th</sup>
- October 6<sup>th</sup>
- November 3<sup>rd</sup>
- December 1<sup>st</sup>

**Modules run from 10am to 6pm.**

### Assessment Dates

Full-time students: 16<sup>th</sup> March 2021

Part-time students: 15<sup>th</sup> March 2022

**FREQUENTLY ASKED QUESTIONS (FAQs)**

**1. Where will the course be delivered from?**

*The monthly seminars will be delivered from the BAAT Training Rooms in the Claremont Centre, Angel, London N1 9PD. This site is well served by public transport, walking distance from Angel Underground Station and is very close to key train links from elsewhere in the UK.*

**2. Will I be expected to find my own supervisees?**

*Yes, but we will also help you if you are having difficulties finding these. If you wish to continue with one of your current supervisees, this may be possible providing that you can introduce and implement course processes in your supervision. However, you will need to ensure that you start at least one of the supervision contracts from the beginning whilst you are on the course. This can be at your current place of work or as a self-employed supervisor.*

**3. Can I get paid for my supervision work whilst on the course?**

*Yes, you can charge your usual supervisory rates for this.*

**4. Will I be expected to find my own supervisor?**

*No. A Tutor-Supervisor (TS) will be allocated to you for the duration of the course. This TS will be a suitably qualified and experienced art(s) therapist who will be fully versed with the course curriculum to enable you to maximise the application of learning to your work setting. Skype supervision sessions can be arranged on request.*

**5. Will I have to pay for my tutor/supervisor?**

*No. The cost of supervision is included in the course fees.*

**6. Do I need to have a certain amount of experience of being a supervisor to apply?**

*Although it will be helpful to have had at least one year's experience of supervising, there is no minimum experience required for learners.*

**7. Will employers recognise this qualification?**

*Employers recognise the value of BAAT endorsed CPD and CPCAB validates a number of highly respected courses. This course will serve as the equivalent of a quality kite mark for art(s) therapy supervision.*

**8. Will I be expected to pay for my own lunches and refreshments when I attend the London monthly seminars?**

*No. Lunch and refreshments for the day are included in the course fees.*

**9. How much does the course cost?**

*We offer this course in Full and Part Time options and fees are priced accordingly.*

Level 6 Diploma	Full Time	Part Time
<b>Total Price of Course</b>	<b>£4450</b>	<b>£4950</b>
<b>Non-refundable Deposit</b>	£450	£500

**10. Can I pay in instalments?**

Yes.

*Full Time students will pay in monthly instalments over 12 months*

*Part Time students will pay monthly instalments over 24 months*

Level 6 Diploma	Full Time	Part Time
Monthly instalments paid by Direct debit for 12 months full-time or 24 months part-time (after payment of deposit – see above).	£333.50	£185.50

**11. Are there any discounted packages?**

*Yes. We can offer an Early Bird Discount if payment is made in full by 13th December 2019*

Level 6 Diploma	Full Time	Part Time
Early Bird Price	£4050	£4505

**12. Are there any other financial benefits?**

*Yes. Learners would also receive 20% discount on BAAT CPD courses during their term as a student.*

*Learners will also be able to charge for their supervisory work which will compensate for some of the course costs.*

**13. How do I apply?**

*Please email Dr Val Huet [val@baat.org](mailto:val@baat.org) if you want to discuss your application and if you require an application form.*