

<p>Time: 9.45am to 11.15am</p> <p>Art Therapy & Neuroscience</p> <p>Keynote & Panel presentation</p>		<p>Keynote Speaker: Dr Iain McGilchrist, author of the bestselling book “The Master and his Emissary: The Divided Brain and the Making of the Western World” will explore the links between neuroscience and creativity.</p> <p>Panel Presentation from Art Therapists at the forefront of research on Art Therapy & Neuroscience: Assistant Professor Girija Kaimal, Associate Professor Juliet King, Assistant Professor Christianne Strang</p>
<p>Times: 11.45pm to 13.15pm or 11.50pm to 13.20pm (Times will be specified in the printed brochure) Presenters for Practice Innovation (PI) or Research (R) Papers</p>	<p>PI /R</p>	<p>Title & Short Description</p>
<p>Janice Lobban, Postgraduate Diploma Art Psychotherapy, SRAsT (A), BAAT & HCPC Reg., Combat Stress, UK.</p>	<p>R</p>	<p>Veterans' art therapy: Research studies from the UK. Research undertaken in the UK has suggested the role art therapy played in treating veterans with chronic Post-Traumatic Stress Disorder during inpatient and outpatient programmes. In this presentation, the research processes will be described; outcomes shared; and implications and recommendations for future practice and research will be discussed.</p>
<p>Nili Sigal, MA Art Psychotherapy Art psychotherapist and EMDR therapist NHS - complex and severe adult mental health services Coordinator of the BAAT SIG on complex trauma, PTSD and dissociation</p>	<p>PI</p>	<p>Integrating Body and Mind in Trauma Focused Art Therapy Practice. Art therapy with traumatised and dissociative clients: exploring trauma-focused embodied approaches and ways they can be incorporated into art therapy practice. Discussing ways to work with body memory, physical sensations, movement and guided visualisation to help clients understand and process overwhelming experiences within an art therapy framework.</p>
<p>Megan Robb, MA, ATR-BC, LPC, NCC, Southern Illinois University Edwardsville</p>	<p>R</p>	<p>What is the literature on group art therapy saying? Group art therapy is common practice diverse in settings, goals, and approaches; however, there is minimal analysis on group practice (Gabel & Robb, 2017; Rankanen, 2014). A focused synthesis of group art therapy practice generated new clear practice descriptions of group leadership and art therapeutic factors.</p>

<p>Marcia Rosal, PhD, ATR-BC, HLM, Florida State University</p>	<p>PI</p>	<p>Contemporary Group Art Therapy from both British and US Perspectives. Group art therapy theory and practice models differ between Britain and US and these distinctions have roots in historical events and health care policies. In this paper, the differences and origins will be explored.</p>
<p>Abbe Miller, MS, ATR-BC, LPC, Albertus Magnus College</p>	<p>R</p>	<p>One-Canvas Art Making and the Significance of Interim Periods Inquiry into an innovative, one-canvas painting method used art-based research as an empirical method. Video, photographic, and journaling documentation supported outcomes that were distilled through rigorous exploration.</p>
<p>Karen Wright, MA Art Therapy, NHS.</p>	<p>R</p>	<p>The re/imaginings in art psychotherapy for girls and young women. This paper presents ongoing research into a group of young women's and girl's experiences of art psychotherapy in a Child and Adolescence Mental Health Service (CAMHS) settings.</p>
<p>Suzanne Haeyen, PhD, GGNet, centre for mental health care / HAN University of Applied Sciences</p>	<p>R</p>	<p>Effects of art therapy in individuals with personality disorders In a randomized controlled trial presented here, 57 adult participants diagnosed with a personality disorder cluster B/C were randomly assigned to a weekly group art therapy (1.5 hours, 10 weeks) or a waiting list group.</p>
<p>Tim Wright, MA Art Therapy, West London NHS Trust Tanya Andrew, MA in art psychotherapy, West London NHS Trust</p>	<p>PI</p>	<p>Mentalization Based Psychoeducation through Art This presentation will describe the background to and implementation of an 8-week art-based psychoeducation programme in the UK NHS. We will look at the context for this in terms of research, practice and theory, at the process of the course and at outcomes.</p>
<p>Jamie Bird, PhD, University of Derby.</p>	<p>R</p>	<p>Visual Expression and Transitional Stories of Domestic Abuse This presentation shows how an arts-based methodology, underpinned by art therapy principles, was used to enable women to express visually how they imagined themselves moving away from domestic violence and towards a</p>

		better future, where they have a greater sense of harmony, agency and belonging.
<p>Rachel Brandoff, Assistant Professor, Jefferson University.</p> <p>Astra Czerny, PhD, LPC, NCC, BC-TMH, Jefferson University.</p>	PI	<p>Empowerment and Art Therapy: Tools for Healing from Relationship Violence</p> <p>The empowerment wheel (Czerny & Lassiter, 2016) enhances the healing journey from relationship violence by focusing on six key areas of personal growth. Here we reveal how this model has been adapted to include art therapy to increase self-awareness, build esteem, and foster life changes in survivors of violence.</p>
<p>Deirdre McConnell, MA Art Psychotherapy Research, One Education</p>	R	<p>A quiet revolution: School-based art therapy transforms lives and unlocks creativity/</p> <p>This paper focuses on the enquiry process and preliminary findings of PhD research. Social constructionist theory is used to critique how trauma-focused art therapy, privileging children's knowledge, evolved in a specific school context. Through innovative participation and narrative, two co-researchers (a child and deputy headteacher) reveal the transformative nature of the work.</p>
<p>Maria Regina Alfonso, PhD Cand, ATR-BC, LCPAT, Magis Creative Spaces, Inc</p>	PI	<p>Art as a Cradle: Bridging Healing & Learning in Classrooms After Disaster & Conflict</p> <p>This presentation introduces expressive arts psychosocial support programmes that draw from art therapy. It presents a psychosocial and pedagogical approach for teachers to create healing classrooms for students in the aftermath of a disaster or conflict. Finally, it explores the possible role of neuro-aesthetics in bridging healing and learning towards recovery and thriving.</p>
<p>Claire Flahavan, MA Art Therapy; MB BCh BAO LRCSI, Temple Street Children's University Hospital, Ireland.</p>	R	<p>Lost and Found: Locating meaning within the landscape of perinatal loss.</p> <p>This paper explores the process of working therapeutically with perinatal losses, specifically the ways in which the landscape of grief may be symbolised and represented via imagery, metaphor and words.</p>
<p>Michal Bat Or, Ph.D, University of Haifa</p> <p>Dana Garti, M.A. in Art Therapy, The University of Haifa</p>	R	<p>Art therapists' perceptions of art as a space for grief work.</p> <p>Although the art medium has been used to express loss by individuals and communities since</p>

		the Palaeolithic era (Neimeyer & Thompson, 2014), there has been very little research devoted to the role of art therapy in the treatment of bereaved clients.
Alex McDonald , Officer, British Association of Art Therapists	R	Primary-school-based art therapy: Children's & teachers' views on what is effective This presentation will share encouraging findings from preliminary studies of a new approach to primary-school-based art therapy, illustrated by the experiences of 45 children and 10 teachers. Hear about the approach, how the #SchoolArtTherapyStudy is progressing, and get involved...
Sara Stayne , PGDiploma Art Therapy, reg psychotherapist, reg. occupational therapist, Stockholm County Council Charlotte Landegren Wesström , Child and Adolescent Mental Health	PI	A Fifty-fifty Scenario: on Affect Regulation using the Expressive Therapies Continuum. This presentation focuses on how the Expressive Therapies Continuum (ETC) model informed the art-based assessment and therapeutic process of a young girl with a severe eating disorder, who took responsibility for and subsequently initiated her own recovery.
Silvia Wyder , PhD candidate, MSc Mental Health: Psychological Therapies, University of Derby, art therapy & cultural studies.	R	The constructed cultural self My PhD-research asks how the self is symbolically constructed and aesthetically represented via the theme of the 'house' amongst art therapy patients, artists and architects across cultures (Europe and Japan). A subsidiary question is if and how symptoms of Posttraumatic Stress Disorder can become apparent in their artworks.
Benthe Versluys , MA in creative arts therapy and in dramatherapy, GGz-Centraal Monique van Tuin , BA.	PI	Nightmares in art - rescripting nightmares of patients with PTSD and DID People with DID and PTSD suffer from nightmares. This leads to less sleep at night and to less energy during the day to work, to study or to profit from therapy. Making a picture of a new script of a happy ending of their nightmares might help them more than just imagining.
Anne Mills , MA, LPC, Diagnostic Drawing Series Archive	R	Looking at the Diagnostic Drawing Series (DDS) Across the Trauma Spectrum Reviewing a selected portion of more than 30 years of international collaborative research, the presenters will focus on how adults who have been diagnosed with borderline personality

		disorder, PTSD, and dissociative identity disorder respond to the Diagnostic Drawing Series, a standardized 3 drawing art therapy assessment.
Sophia Cowx, Masters in Art Psychotherapy, NHS	PI	PTSD: A Call to Arms - Embracing Journeys of Post-Traumatic Growth. PTSD is not restricted to client groups. Sharing this personal and professional journey will highlight thinking in many boxes to: consolidate trauma-focused theory in the practitioner's mind; attune with clients; resolve split-thinking between 'self' (practitioner) and 'other' (client); and to purposefully cross mind-body borders, stepping into post-traumatic growth.
Tsun-wei Hsu, MA, National Palace Museum Min-ning Yu, National Palace Museum	PI	Art Psychotherapy and Social Inclusion at the National Palace Museum, Taiwan Museums are a treasure box, and art psychotherapy can be the key to opening them up to a diversity of marginalized populations. How can we reinvent our practice in this non-traditional therapy setting? This presentation aims to explore the interplay between museum objects, art making, and therapeutic processes.
Sze-Chin Lee, MAAT, AThR, LPC Karen Koh, MA, AThR	PI	Navigating identities within arts in health: Collaborative art & art therapy practices This paper explores the synergies between their work to highlight potential tools and frameworks to consider for community-based arts-health practices.
Debra Kalmanowitz, Dr, Academic College of Society and the Arts	PI	PORTABLE STUDIO INHABITED. Art Therapy and Mindfulness-informed practice. The combination of art therapy and mindfulness-informed practice will be looked at in the context of Portable Studio. Through case examples from work with refugees in Hong Kong and Greece, this presentation will explore two aspects of this work immersion into the art making process and the role of imagination.
Kate Bloomfield, MA Art Psychotherapy Roehampton Robyne Chapman, Ma Art Psychotherapy HCPC Registered	PI	Abject Art Psychotherapy; placing therapists as Agents of Abject. Perhaps that which revolts can lead to revolt? Abject Art Psychotherapy works with the revolting and places the therapist as an 'Agent of Abject'. We explore this models' potential to

		provide alternative evidence base when working with client groups that have experienced 'exclusion', within the current climate.
Christianne Strang , PhD, ATR-BC	PI	Integrating neuroscience into clinical art therapy practice. This talk will provide a high-level review of the connections between brain regions associated with visual-motor, emotional, autonomic, and cognitive processing. This information will provide a foundation for explanations and metaphors that can be used to with clients about the physiological basis of vision, art-making and emotional processing.
Sofia Casas , MA, LCAT, ATR-BC Annie G. Bonz , MA, LCAT, ATR-BC Asli Arslanbek , MA, ATR-P	PI	Conflict & Displacement: Finding the Space for Creativity Learn how and why art based psychosocial support has a unique and exciting role to play in identifying and building resilience in the 28 million children currently facing conflict and displacement globally. The efficacy of capacity building and community-based art therapy approaches are emphasized in this presentation using cases from Iraqi Kurdistan and Turkey.
Simone Donnari , Vice-president Italian Art Therapist Association (Apiart), art therapist, Associazione Atlas Onlus Perugia Italy Valentina Canonico , President, Associazione Sementera Onlus Perugia	PI	Art therapy and digital technologies in severe disabilities: the challenge. Severe disabilities represent a challenge. What if you could find yourself immersed in the image you love? What if you could paint just moving your bare hand? Technology can provide tools both for intervention and research when they are easy to use and aimed at creating a relationship.
Presenters for Masterclasses		Title and Short Description
Val Huet , PhD, Registered Art Therapist, HCPC, British Association of Art Therapists.		Art Therapy Supervision and Organizational Dynamics Organizations hold the practice framework, influencing its quality and efficiency. Art Therapy attracts unconscious organizational responses affecting practitioners' agency and wellbeing. These issues need to be understood and explored within supervision to support art therapists. This

		masterclass introduces organizational theories and how these are applied to support good supervision.
Nicole Porter Davis, MA, ATR-BC, LCAT, Emerald Sketch		<p>Trauma therapy Post Massacre through the Art therapy Lens: Artwork and Application.</p> <p>First a presentation of evidenced based protocols which inform the art therapy tasks will be given, followed by a slideshow displaying art therapy works across all ages and parts of the United States contributed from several art therapists working in crisis response treatment, and finishing with a discussion on how to apply the art therapy protocols for the settings the participants work. The slideshow and discussion will mirror the flow of the current art therapy treatment sequence applied by private Art therapy Response Team members in varying parts of the United States in response to mass community shootings. The focus will review the significance of the art therapy themes of safety, the therapeutic relationship, secure remembrance, social connection, and relapse prevention.</p>
Presenters for Workshops		Title & Short Description
Francesca La Nave, MA Group and Intercultural therapy, Art Psychotherapy, Group Analytic Psychotherapy., NHS and Private Practice		<p>Social Dreaming and Art Making Response.</p> <p>A structured workshop combining Social Dreaming and Art Making. Tasked with processing the Conference global experience, it will pay particular attention to emerging discoveries, surprises and new thinking. Participants will experience the social sharing of dreams and their associations in the Social Dreaming Matrix and will further elaborate their transpersonal narratives through Art making and collective viewing.</p>
<p>Monica Carpendale, DVATI, RCAT, BCATR, HLM, Kutenai Art Therapy Institute</p> <p>Richard Campbell, BFA, DKATI</p>		<p>The Medicine Wheel and Art Therapy: Indigenous Research methodology.</p> <p>The workshop will include the traditional teachings of the medicine wheel, the ritual of the talking circle, the symbolic cleansing, and art making. The art therapy activities in this workshop were developed by Richard Campbell,</p>

	<p>past chief of the Nlakapa'mux Nation, during his studies at the Kutenai Art Therapy Institute. The participants will create animals that have personal symbolic significance to represent the self for each quadrant on the wheel of life: childhood, adolescence, adulthood, and elder. The placement of the symbolic representations of self on the four quadrants which also represent physical, emotional, mental and spiritual aspects provide an opportunity for the individual to reflect on personal feelings of balance and health.</p>
<p>Dawn Burau, MA, ATR, LMHC, SpEd, Lesley University</p>	<p>The Use of Neuropsychological Evaluations in Art Therapy Intervention Creative activities are used to process emotions. These activities engage various neuropsychological domains. Neuropsychological assessments clarify strengths and vulnerabilities. through different activities and a case study, we will define the domains used in creative activities. We will use the Expressive Therapies Continuum to bridge assessment and develop meaningful treatment plans. Utilizing the Expressive Therapies Continuum (ETC) as a bridge between assessment and treatment, we will explore way to develop strength-based art and play interventions (Hinz, 2009). This will be achieved through case studies and hands on activities that highlight how neuropsychological functioning influencing everyday life, art making and play. Activities include making art and playing board games to illustrate how various neuropsychological functions are accessed in real time, recognizing these functions then relating them to the various levels of the ETC.</p>
<p>Denise Wolf, MA, ATR-BC, LPC, ATCS, Cedar Crest College</p> <p>Juliet King, MA, ATR-BC, LPC, LMHC, The George Washington University; Indiana University School of Medicine Dept of Neurology</p>	<p>Create, Destroy, Transform: A Task Oriented Approach to Trauma Work Participants in this workshop will discover a novel approach to artmaking that incorporates contemporary trauma theory underscored by the significance of fostering forgiveness and empathy to promote healing. A single-task, triadic experiential will allow participants to experience the roles of creator, destroyer and transformer vis a via the art process.</p>

SATURDAY MORNING PROGRAM

	<p>With increased school shootings and mass violence, along with shifts in the socio-political climate, it's important to consider how to care for individuals and communities that survive these events (Chapman, 2014; Peterson & Silver, 2015). Traumatic memory is stored as imagery and the use of art making to process and resolve trauma is critical. (Chapman, 2014; Franklin, 2010; King, 2016; Talwar, 2007).</p>
<p>Ashley Hartman, Assistant Professor of Art Therapy, Marywood University</p>	<p>Japanese Suminagashi Water Painting This workshop session will provide an immersive experience using the Japanese Suminagashi Water Marbling process. An overview of the therapeutic benefits and uses for different client populations will be outlined. The process will emphasize how this practice can be adapted to several theoretical orientations within art therapy practice. This workshop will provide an overview of the Japanese Suminagashi Water Marbling Process as an experiential that can be applied to therapeutic goals for a diverse client population base. The workshop will emphasize the application to the concept of <i>flow</i> experiences (Csikszentmihalyi, 1991) and the Expressive Therapies Continuum (ETC; Lusebrink, 1990) as it relates to the creative process.</p>
<p>13.15pm to 14.45pm LUNCH</p>	