

Time: 14.45pm to 16.15pm Presenters for Practice Innovation (PI) or Research (R) Papers	PI /R	Title & Short Description
<p>Neil Springham, PhD, Oxleas Therapies</p> <p>Ioanna Xenophontes, Lived Experience Practitioner, Oxleas NHS FT</p>	<p>R</p>	<p>Reflection, art, trauma and power: Co-producing research in art therapy.</p> <p>Patient descriptions of art therapy are uniquely insightful, but it is vital to address power inequalities and avoid re-traumatisation. Two co-production-based research collaborators from lived experience and professional perspectives show how arts-based visual methodology safely gained patient experience to improve art therapy theory.</p>
<p>Helen Omand, MA Art Psychotherapy, Goldsmiths University of London</p>	<p>PI</p>	<p>Changing Perspectives: hindsight on contributing to multidisciplinary research</p> <p>I examine with critical hindsight the experience of participating as part of a research team as an art therapist, in a multidisciplinary art in health project in a London University.</p>
<p>Megan Tjasink, MA Art Therapy, HCPC registered Art Psychotherapist, University of Hertfordshire and Barts Health NHS Trust</p> <p>Dr Gehan Soosaipillai,</p>	<p>R</p>	<p>Art therapy to reduce burnout in oncology and palliative care doctors: A pilot study.</p> <p>A pilot study in a Central London NHS hospital in which an art therapy programme was developed and used with groups of cancer doctors. Qualitative and quantitative measures used, including the Maslach Burnout Inventory, demonstrated that six weeks of structured art therapy sessions resulted in statistically significant, positive change.</p>
<p>Evangelia Styliara</p> <p>Sofia Koufou</p>	<p>R</p>	<p>Quality of Life in Dementia Caregivers and Health Professionals through Art Expression.</p> <p>Aspects of quality of life are explored in dementia caregivers and health professionals by using WHOQOL - Brief questionnaire, Symptom Checklist-90-Revised (SCL-90-R) and Tree-in-Weather Drawing test. A symbolic connection of the strong and weak points of the groups was noticed. An intra-group intervention in order to enhance empathy is discussed.</p>
<p>Girija Kaimal, EdD, MA, ATR-BC, Drexel University</p> <p>Melissa Walker</p>	<p>R</p>	<p>Creative Forces: Outcomes of art therapy and creative self-expression for military</p> <p>The presentation will include findings from secondary analysis of art therapy data from</p>

<p>Jacqueline Jones, MEd, MA, ATR, Creative Arts Therapist at Invisible Wounds Center at Eglin Air Force Base</p> <p>Donna Betts, PhD, ATR-BC, Creative Forces</p> <p>Juliet King, MA, ATR-BC, LPC, LMHC, The George Washington University; Indiana University School of Medicine Dept of Neurology</p>		<p>military service members (n=600) as well as an overview of Creative Forces™: An initiative of the National Endowment for the Arts in partnership with the U.S. Departments of Defense and Veterans Affairs, arts agencies, and Americans for the Arts.</p>
<p>Janice Lobban, Postgraduate Diploma Art Psychotherapy, BAAT & HCPC Reg., Combat Stress, UK.</p>	<p>PI</p>	<p>Transatlantic art therapy with veterans: Mirrored experiences. Military veterans in treatment for chronic Post-Traumatic Stress Disorder in the UK and in the USA united for art therapy groups held via video conferencing. In this presentation, the process of remote partnership working is described; discoveries are shared; and implications for future practice and research are discussed.</p>
<p>Norma García Reyna, PsyD. Art therapist registered in ATE (Spanish Professional Association of Art Therapists), Metafora. Master's degree school Art therapy. Barcelona</p>	<p>P</p>	<p>A Combined use of Art Therapy and EMDR. This work summarizes the clinical experience of the combined use of Art Therapy and EMDR (Eye Movement Desensitization and Reprocessing), with obese children and adolescents with traumatic symptoms, after having been victims of bullying.</p>
<p>Sarah Parkinson, Advanced Diploma in Art Psychotherapy, Avon & Wilts Partnership NHS Mental health Trust</p> <p>Clare Trevelyan, Consultant Psychiatrist, Bristol Early Intervention for Psychosis Team, Avon and Wiltshire Mental Health Partnership NHS Trust</p>	<p>P</p>	<p>Using Art to Mentalize Using Art to Mentalize: why we are introducing a mentalizing approach to service users who have experienced psychosis, and how we are using art to do it.</p>
<p>Aaron Leng, MA, AThR</p>	<p>PI</p>	<p>Reclaiming identity: The use of masks within art therapy with Incarcerated men. This presentation provides an overview of the cultural considerations when providing art therapy within a secure setting. The historical context of secret societies; gang and institutional subcultures, will be considered in light of efforts to support incarcerated men with the exploration of identity, which may enable the process of desistance.</p>

<p>Jess Collier, MA Art Psychotherapy, CNWL NHS Trust and University of Roehampton</p>	<p>PI</p>	<p>Art therapy with women who kill or harm children. This paper explores how art psychotherapy can uncover the unconscious rage and hatred that may have fuelled their violence and initiate the process of loss and mourning.</p>
<p>Rachel Brandoff, Assistant Professor, Jefferson University</p> <p>Julia Orientale</p>	<p>R</p>	<p>Art Therapy and Grief: Recommendations for Competency in the Profession Grief is an unavoidable clinical issue. Art therapy has important treatment potential for individuals suffering from complicated grief, yet many art therapists lack education about it. Recent research suggests that professional or credentialing organizations should recommend or even mandate some training for art therapists in grief.</p>
<p>Judy King, Masters of Art Therapy, Bachelor of Fine Arts, Registered Nurse, Anzacata Professional Member P2009N-306, Bear Cottage, The Children's hospital Westemad, Sydney, Australia</p>	<p>PI</p>	<p>Evaluating an art therapy program for grandparents in paediatric palliative care. This presentation focuses on a group of bereaved and non-bereaved grandparents engaging with art-making to visually and verbally express their grieving. A qualitative thematic analysis of the data strongly indicated that art therapy provided an innovative, socially inclusive, safe and therapeutic intervention.</p>
<p>Yi-Chun Ho, Art therapist, consulting psychologist, Students Guidance and Counseling Center of Tainan</p>	<p>R</p>	<p>Cases of traumatized children witnessing deaths-repetition and transformation Cases study of art therapy on traumatized children who had witnessed deaths. Repeated contents of artworks and games were discovered. Through experiencing their trauma in a safe scenario, reframing the traumatic experiences to stops the repetition and to start new creations and new dialogues.</p>
<p>Laura Zeisler, ATR-BC, LCSW, Converse College</p>	<p>PI</p>	<p>Companionship Children's Traumatic Grief Through Art. Treating complicated bereavement in children requires building their coping skills, uncovering and reconciling their trauma and companionship their grief. A developmental approach to art therapy has unique treatment options to support complicated bereavement. A case study involving domestic violence that resulted in a double family homicide will be presented.</p>

<p>Erin Partridge, PhD, ATR-BC, Elder Care Alliance</p>	<p>R</p>	<p>Bracketing the researcher: Art journal as research document As art therapists explore new and innovative means to conduct and engage in research, we also need to develop robust means to maintain the integrity and validity of our results. Structured means to reflect on the research process and intrapersonal response can serve as a powerful check against researcher bias.</p>
<p>Helen Jury, MA Art Psychotherapy; PhD candidate, Art Psychotherapist / Artist / Researcher: UCL Doctoral Studies</p>	<p>PI</p>	<p>Why Object? An Exploration of the Use of Materials and Objects in Art Psychotherapy. Objects as tools and accessories to make artwork have always been present in Art Psychotherapy practice: the brush to paint with, the tool to shape clay, scissors to cut paper. However, consideration of objects per se for therapeutic use has only latterly begun to gain attention for practice and significance.</p>
<p>Kathrin Seifert, PhD</p>	<p>R</p>	<p>Photography as a medium in art-therapeutic processes. Photographs are manipulations of reality and are closely related to individual perceptions and their perception abilities. The lecture presents a highly developed treatment model for depressed patients. The model was used as part of a project work within a multimodal treatment program and evaluated as a qualitatively - quantitatively oriented field study.</p>
<p>Jaimie Peterson, MAAT, ATR, Kerrville State Hospital Alison Etter, MT-BC, Kerrville State Hospital</p>	<p>PI</p>	<p>Creative Arts Mentorship & Vocational Rehab in a Forensic Psychiatric Community. This presentation will look at an artist collective in a forensic psychiatric hospital and how they provide opportunity for art and music mentorship and creative arts vocational rehabilitation. These opportunities assist in providing valuable social roles and reduce stigma within the community.</p>
<p>Varvara Sidorova, PhD, REAT, Moscow State University of Psychology and Education</p>	<p>R</p>	<p>Art-based research of the Post-Soviet trauma. In this presentation the author will present the results of art-based research of post-soviet trauma, which was conducted in Moscow with various groups of people. Methodology of art-based research and intermodal expressive arts therapy will help promote understanding of this phenomena, create collective resonance and transform feelings and attitudes.</p>

<p>Nancy Gerber, PhD, ATR-BC, Drexel University</p>	<p>R</p>	<p>Arts based research approaches to studying mechanisms of change in the Creative Arts The purpose of this presentation is to introduce a preliminary qualitative research study exploring the role and function of multiple dynamic interactive aesthetic and intersubjective phenomena relative to transformation in perception, behaviour, relationship, and well-being inherent in and through the creative arts therapies process.</p>
<p>Katerina Alexandraki, Msc, MA, University of Hertfordshire</p>	<p>R</p>	<p>Looking Back: An IPA study on Experiences of Art Therapy in Early Adulthood. This study is an interpretive phenomenological analysis exploring what young adults experience when they seek art therapy for their mental health difficulties.</p>
<p>Natalia Gomez Carlier, MA in Art Therapy, ATIC Psychological & Counselling</p> <p>Sara Powell, MA Art Therapy, AThR, ATIC Psychological & Counselling (Edit)</p> <p>Mariam El Halawani, MA, Art Therapy International Center</p>	<p>PI</p>	<p>Developing Art Therapy in the Arabian Gulf: Prioritizing Relational Models. Art therapy is slowly emerging in the Arabian Gulf, the challenges encountered invite a discussion with regards to the cultural compatibility of current art therapy models and best practices. Through case studies art therapists will present a model for intervention based on a relational orientation and discuss recommendations for research.</p>
<p>Uwe Herrmann, PhD, Prof, Weissensee school of art berlin / state training centre for the blind Hannover</p>	<p>R</p>	<p>Matter, Change and Psyche: Making Art in Therapy in the Digital Age. Drawing on case-based visual cohort research into long-term art psychotherapy practice with emotionally disturbed and visually impaired adolescents, this paper focuses on the relation between matter, change and the psyche working with clients growing up with the promises, disappointments and opportunities of the digital age.</p>
<p>Tony Gammidge, MA Art Psychotherapy</p>	<p>PI</p>	<p>Animated tales; Embodying and Re-storying Trauma Narratives Through Animation. In this screening and presentation, I will explore the emergent practice of animation in therapeutic settings and how it can enable participants to tell their own story in their own way and how this can lead participants to re-</p>

		story traumatic experiences in a way that is embodied, metaphorical and safe.
Elizabeth Antcliff , Phd research Graduate Creative Arts Therapy Unit UOM AThR B. Psych. Ma Coun, University of Melbourne	R	What about the hands? An exploration of haptic perception in creative arts therapy The sense of touch through our hands is known as haptic perception. The sensorimotor art therapy process of Clay Field Therapy was employed to explore the subjective experience of the haptic perception. This presentation introduces Clay Field Therapy and elucidates on the role of haptic perception in creative arts therapy.
Devran Tan Francesca La Nave , MA Group and Intercultural therapy, Art Psychotherapy, Group Analytic Psychotherapy, NHS and Private Practice	PI	Integrating Psychotherapy and clay-work; an inter-disciplinary collaboration. We describe inter-disciplinary intervention where clay is used by a client with significant relational difficulties and show how the process of manipulating and shaping clay can support expression and relational capacities in individuals who would not otherwise be able to engage in psychotherapeutic interventions.
Eleni Giannouli , Psychologist & Art Therapist	R	Through Art Therapy I Gain A Lifetime Privilege: My Self Identity Pilot Study, investigating the impact of a structured Group Art Therapy Program on MCI patients, for nine months. The study examines the effects on patients' cognitive functions, mood and quality of life, by exploring major geriatric issues such as, dependency, isolation, grief, fear of death, redefining identity, wisdom.
Presenters for Masterclasses		Title & Short Description
Anne Mills , MA, LPC, Diagnostic Drawing Series Archive		The Diagnostic Drawing Series: An Overview of 30 Years of Assessment through Art The originator of the Diagnostic Drawing Series (DDS) project and the Director of the DDS Archive will briefly review the development of this assessment. Decades of DDS studies by many researchers respond to the need for reliable and

	<p>valid information about how adults with and without psychiatric diagnoses draw.</p> <p>Goal of the Master Class: This will be a brief introduction to a large body of work, intended to answer basic questions. It will be limited in scope and will not address the specifics of the more than 65 extant DDS studies.</p>
<p>Presenters for Workshops</p>	<p>Title & Short Description</p>
<p>Debra Kalmanowitz, Dr, Academic College of Society and the Arts</p>	<p>OUT OF OUR MIND: Art Therapy and Mindfulness Meditation</p> <p>Mindfulness has risen in popularity in psychology and has been incorporated into cognitive-behavioural therapy (CBT). Art therapists are increasingly combining the two in their practice. This workshop considers the two styles of working, mindfulness-informed and mindfulness-based art therapy, and how/if we can use these to enhance our professional practice. Mindfulness in the arts therapy can be looked at from two perspectives.</p>
<p>Nicole Porter Davis, MA, ATR-BC, LCAT, Emerald Sketch</p>	<p>Teaching your Community How Art therapy Heals Trauma following Mass Disaster.</p> <p>This is a comprehensive introduction to the neurobiology of art therapy and trauma response. This workshop will contribute to the disaster preparedness of art therapists by teaching effective trauma protocols and practical guidance on how to assess and provide any community with support and/or respond when larger organizations or small private groups call for service.</p>
<p>Denise Malis, PhD, LMHC, ATR-BC, Lesley Univeristy (Edit)</p> <p>Dawn Burau, MA, ATR, LMHC, SpEd, Lesley University</p>	<p>There and Not There: An Observation Focused Art Therapy Assessment Approach</p> <p>We present a client-centred framework to navigating art therapy assessments. Through a relational approach client and therapist gather information in three ways: by observing the formal elements of artwork to facilitate reflections, understanding the client's use of</p>

	<p>materials and process via the ETC, and synthesizing observations in the narrative report. Teaching and training art therapists to understand the intersection of their assumptions, the phenomena, and the client's perspective/narrative is central to a client-centered approach to art therapy assessments (Tobin, 2001).</p>
<p>Jordan Potash, PhD, ATR-BC, LCPAT, The George Washington University</p> <p>Lisa Raye Garlock, MS, ATR-BC, ATCS, LCPAT, The George Washington University</p>	<p>Jungian Concepts of Creativity: Heuristic Inquiry into Compensation and Integration In this workshop, participants will immerse themselves in art making to explore the unconscious roots of creativity as they relate to the psychic processes of compensation and integration. By observing the created images and one's own creative process, participants will experience the compensatory and integrative aspects of creative process. To further integrate this learning, the findings from the group will be synthesized with findings from the presenters' arts-based investigation to discover applications for clinical work, personal art making, and arts-based research.</p>
<p>Susan Carr, PhD Loughborough University December 2015, HPC Registered, BAAT Registered, Private Practice, IJAT Co-editor.</p> <p>Alex McDonald, Officer, British Association of Art Therapists, IJAT Co-editor.</p>	<p>Peer Review Training for the International Journal of Art Therapy: Inscape (IJAT). Become a peer reviewer! Improve articles published in IJAT and be active in the profession's academic community. Peer reviewing adds to your CV & CPD, recognises you as an expert in the field, expands your network offering interaction with journal editors and fellow researchers. Art therapists with three years' post-qualifying experience are eligible. The peer review workshop will use experiential work combined with power point presentations and will enable you to learn about the peer review process within the International Journal of Art Therapy (IJAT), as well as the skills, responsibilities and ethical considerations of being a peer reviewer.</p>
<p>Tessa Whyatt, MA Art Therapy</p>	<p>Time to Re-Think? Art Therapy with a difference: taster workshop This workshop is aimed as a companion to the Time To Thrive presentation, to give a taster of what participants in the program would be experiencing. It combines directive Art Therapy</p>

	<p>activities with Time to Think, and incorporates drama/ movement, breathwork and mindfulness, alongside self-reflection coaching tools. Time To Thrive is a new series of sessions merging Art Therapy and Time to Think.</p>
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16.15pm to 17.00pm
COFFEE BREAK & NETWORKING EVENT
 Sponsored by
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******FILM SHOWING TBC INFO*****

17:00pm to 17:15pm
******Art Therapy Credentials Board, INC (www.atcb.org)******
TBC INFO

Time: 17.15pm to 17.50pm - FINAL PLENARY
Our journey so far and future plans
Panel: Donna Betts, Val Huet, Girija Kaimal, Lynn Kapitan, , Neil Springham, Christianne Strang & Tim Wright

17:50 to 18:00
******Choir Recital**** Info in separate doc****Conference End**

18.30pm to 10.30pm End of Conference Party
(Party fee is additional to conference fee and can be purchased when booking online)