

<p><b>Times: 9.45am to 11.00am</b> <b>Art Therapy and a focus on Imagery and Relational Physiology.</b></p>		<p><b>Keynote Speaker: Dr Rodney Adeniyi-Jones MRCP(UK), Genesis Wellness</b> Our interpersonal experiences are intrinsically linked with our bodies and Dr Adeniyi-Jones will explore concepts involved in relational physiology such as cellular responses to stress. Advances in research support an integrated approach to health and wellbeing.</p> <p><b>Val Huet, PhD &amp; Neil Springham, PhD</b> will outline some implications for art therapy practice and research.</p>
<p>11.00AM – 11.40/11.45 <b>COFFEE BREAK</b></p>		
<p><b>Times 11.40am to 13.10pm or 11.45am to 13.15pm</b> <b>(Times will be specified in the printed brochure)</b> <b>Presenters for Practice Innovation (PI) or Research (R) Papers</b></p>	<p><b>PI /R</b></p>	<p><b>Title &amp; Short Description</b></p>
<p><b>Aimee O'Neill</b>, Art Therapist, MA, BA, MIACAT, Trinity College Dublin / National Children's Hospital, Dublin.</p>	<p>R</p>	<p><b>Randomised Controlled Trial of Group Art Therapy for Children with Chronic Illness</b> This paper outlines a randomised controlled trial to evaluate the efficacy of a group art therapy intervention developed for children with chronic illness across multi-diagnostic presentations.</p>
<p><b>Ashley Hartman</b>, Assistant Professor of Art Therapy, Marywood University</p>	<p>R</p>	<p><b>Museum-Based Art Therapy for Adolescents with Autism Spectrum Disorders (ASD)</b> This presentation will discuss how museum-based art therapy can serve as an all-inclusive approach to wellness with adolescents with High Functioning Autism (HFA). An overview of an arts-based, mixed-methods dissertation research study and its implications for clients with ASD will be discussed.</p>
<p><b>Miltiadis Soutanis</b>, Hellenic Association of Group Analysis and Psychotherapy (HAGAP)</p>	<p>PI</p>	<p><b>Art Therapy in Therapeutic Community 'Kypseli'</b> The Therapeutic Community 'Kypseli' of the Hellenic Group-Analytic 'Koinonia' and Hellenic Association of Group Analysis and Psychotherapy, is a non-residential Democratic Community of Group-Analytic Type for adults, adolescents and children and aims at being therapeutic for its members as far as it concerns their relationships with others and the environment they live in (Sociotherapy).</p>

<p>Patritsia Kouveli, MSc in Social Psychology, Art Psychotherapy student.</p>	<p>PI</p>	<p><b>“The thread which connects us” A Social Art Therapy project from Greece.</b> All kind of people (from children to elderly, every-day people with or without socio-psychological issues) meet weekly at local cafés knitting and socializing freely.</p>
<p>Liz Ashby, PhD Art Psychotherapy, Coventry &amp; Warwickshire Partnership NHS Trust</p>	<p>R</p>	<p><b>Art Therapists working in NHS LD services: Creativity, Wellbeing and Resilience.</b> Occupational stress in NHS art therapists was investigated in a heuristic doctoral UK study, and issues affecting their wellbeing were identified in four areas: organisational, professional, client related, and personal.</p>
<p>Marilyn Miller, Marilyn Miller Consultancy  Fiona Williams, NHS</p>	<p>PI</p>	<p><b>Retirement and Re-invention - Managing a Transformative Process.</b> As art psychotherapists, we train, we practice and develop in our careers - yet when, and how, do we retire? In a seemingly neglected area, this presentation identifies key skills to recognise and negotiate this transitional life stage, and work towards a positive and fulfilling retirement.</p>
<p>Tami Gavron, PhD, Tel-Hai college, Haifa University, Israel.</p>	<p>R</p>	<p><b>Creating Art Together as a Transformative Process in Parent-Child.</b> The presentation will focus on how the creative encounter enabled by the joint painting procedure discovers and encourages dyadic processes between parents and children.</p>
<p>Maria Gonzalez, Art therapist, Visual Artist, Instituto Teletón Chile.  Sebastian Mardones</p>	<p>PI</p>	<p><b>Pilot Multimodal Workshop for Children with Severe Disability.</b> Two pilots of a multimodal workshop for severe disabled children and their caregivers were performed in the Institute of Child Rehabilitation ‘Teletón’, Chile.</p>
<p>Deborah Elkis-Abuhoff, PhD, LCAT, ATR-BC, ATCS , Hofstra University and Northwell Health System: Feinstein Institute for Medical Research  Erin Poland, Hofstra University</p>	<p>R</p>	<p><b>Activating the brain: Clay Manipulation for Parkinson's Disease.</b> Research demonstrates the positive psychological and physiologic effects of clay manipulation art therapy for those with Parkinson’s disease (PD).</p>
<p>Veon Lim, MA (candidate), LASALLE College of the Arts, Singapore</p>	<p>PI</p>	<p><b>Traditional Clay Art Therapy: Transitional Objects for the Elderly.</b></p>

		This presentation focuses on the traditional clay art making process honed at Singapore's oldest and last remaining fully-operational brick-built dragon kiln. It employs a bio-psycho-social-cultural approach through touch, a fundamental human need.
<b>Susan Hogan</b> , PhD, (UK) Registered Art Therapist, Professor of Arts & Health at the University of Derby & Professorial Fellow, Institute of Mental Health, Nottingham	R	<b>The Birth Project.</b> Creative Practice as Mutual Recovery (CPMR) is a five-year Research Consortium with multiple partners, being funded by the Arts and Humanities Research Council. It aims to examine how creative practice in the arts and humanities can promote the kinds of connectedness and reciprocity that support 'mutual recovery'.
<b>Einat Metzl</b> , PhD, ATR-BC, LMFT, CST, Loyola Marymount University.	PI	<b>Working with Couples through Art Therapy Sex Therapy, and EFT.</b> This presentation focuses on clinical work with couples when integrating sex therapy and Emotionally Focused Therapy (EFT) techniques with art therapy.
<b>Claire Flahavan</b> , MA Art Therapy; MB BCh BAO LRCSI, Temple Street Children's University Hospital	R	<b>'I ain't looking for nothing in anyone's eyes': gaze and mirroring in art therapy.</b> Images/objects are a focus for the joint gaze of client/therapist in art therapy. For clients with histories of relational trauma, this can render 'being in relationship' more tolerable. This paper develops these concepts via theory, case material and works by Freud/Bourgeois, to illuminate processes around 'being seen' within therapy.
<b>Caroline Essame</b> , Masters in Education, Post Grad Diploma in Art Therapy, BSc in Occupational Therapy, CreateCATT	PI	<b>It all begins with messy play: The journey to symbols and meaning.</b> This presentation introduces the Essame mark-making stages which have grown out of work with differently abled children in India and Singapore, and which underpin the Developmental Play approach.
<b>Trish Bedford</b> , Art Psychotherapist, Naufar  <b>Michelle Dixon</b> , Masters of Art Therapy (Latrobe University) ANZACATA registered, Sidra Medicine.	PI	<b>Art Therapists' Experiences of Establishing Services as English Speakers in an Arabic Country.</b> This presentation will explore the development of art therapy in two diverse settings in Qatar. It will highlight advantages such as the freedom for creativity, opportunities for growth and challenges such as lack of understanding of the impact of art

		therapy, psycho-cultural factors, and lack of professional support.
<b>Angelica Ojeda</b> Ph.D. in Social Psychology, Universidad Iberoamericana, Mexico City.	R	<b>Benefits of Art-Therapy to Community's working: From mom to community promoter.</b> This psychoeducational intervention was developed qualitatively with the action-research methodology and adapted with artistic therapy. The goal was to maintain parent-child communication.
<b>Nataly Woollett</b> , PhD, ATR, RPT-S, University of Witwatersrand, South Africa.  <b>Hayley Berman</b> , PhD, University of Hertfordshire.	PI	<b>Art Therapy's contribution to alleviating the HIV burden in South Africa.</b> Recognizing the immense mental health skills shortage in South Africa and responding to the disease burden, two art therapists describe a case study capacitating HIV lay counsellors within the public health system.
<b>Presenters for Masterclasses</b>		<b>Title &amp; short description</b>
<b>Ase Minde</b> , Master of Art, Oslo university Hospital Norway		<b>Becoming me: Art psychotherapy with Eating Disorders Patients.</b> The theme of <i>Becoming Me</i> will focus on transformation of the self through the encounter with poetry and art. In the arts work we shape and transform in an ongoing quest to find the true self. In this transformation there is a merging between the inner and outer world. In the becoming of Me, there is a necessary need to shift from self-neglect to self-love.
<b>Michelle Dean</b> , MA, ATR-BC, LPC, CGP, The Center for Psyche & the Arts, LLC.		<b>Working with Patients with Eating Disorders.</b> The master class invites clinicians to bring case examples and artwork as well as clinician's responses. Special attention is given to the symbolic behaviours of the clients, the therapeutic alliance, and the emotional response of the clinician; creating a voice where there are no, or minimal, words.

Presenters for Workshops	Title & short description
<p>Rami Eckhaus, M.A. DMT, Lesley University</p> <p>Anat Wolf, MA Art therapist, Academic College of Arts</p>	<p><b>The Dynamics of the shadows in Parent-Child Relationships.</b></p> <p>This workshop is designed to provide therapists with a deeper therapeutic insight regarding the impact of creative interventions in child therapy and dyadic treatment. Incorporating mixed modalities that will include active imagination, movement, art, and play. Through an artistic self-exploration process with oneself and other we will address the topic of holding space for the tension between the narratives and internal shadows, as well as potential gateways to recognize the underlying themes within the child-parent dyad.</p>
<p>Dawn Freeman, MA, Cleveland Clinic Foundation</p> <p>Maureen Moses, MAAT, ATR-BC</p> <p>Lisa C. Shea, ATR-BC, Cleveland Clinic - Taussig Cancer Institute</p> <p>Barbara DiScenna, MA, ATR-BC, LSW, LPC, AATA</p>	<p><b>Transformations, Honoring The Cancer Journey.</b></p> <p>This workshop will allow participants to explore their thoughts, feelings, and perspectives on their own personal cancer journey. The participants will transform an actual sanitized radiation mask into a personal statement about cancer. The participants will then have an opportunity to decide whether they would like their final piece included in the traveling exhibit. Each participant will leave with the knowledge needed to offer this intervention at their own place of employment.</p>
<p>Pinki Feinstein, MD Psychiatrist, KALUT center</p>	<p><b>Implementing Intuitive Painting Techniques in Art Therapy.</b></p> <p>A workshop on basic techniques of Intuitive Painting to be implemented through Art Therapy and explaining how accessibility to intuition can be facilitated significantly. This idea, of implementing Intuitive Painting in Art Therapy is associated with the understanding that combining intuition-based approaches with empirical ones may result in improving therapeutic skills and results.</p>
<p>Jun Lee Jun Shan, MA Art Therapy, AThR, na</p> <p>Saryna Ong, Principal Medical Social Worker/Art Therapist, National Cancer Centre Singapore</p>	<p><b>Using Marbling Art in Oncology Setting.</b></p> <p>In this workshop, the facilitators will share how marbling art can be modified and simplified for use in oncology setting. Participants will get to experience its benefits through the experiential activity. The objective for our marbling art workshop is to introduce a simplified and</p>

**FRIDAY MORNING PROGRAM**

	<p>affordable method of marbling technique to use in art therapy with cancer patients. We will also explore with the participants on the art of facilitation and the benefits of using marbling art to help the patients express their unspoken fears and to learn strategies to cope with their illness. Marbling art with use of shaving foam and watercolour has been used in our local hospitals in Singapore.</p>
<p><b>Deborah Green</b>, PhD; MAAT(Clinical); MEd; AThR ANZACATA, Whitecliffe College of Arts &amp; Design</p>	<p><b>ABR+A: The arts of making sense.</b> Arts-Based Research through Autoethnography (ABR+A) makes sense of arts therapy by inviting heart+head+body+soul+context+theory into creative conversations. I story-tell ABR+A journeys as we use playful ABR+Aesque processes to explore pre-journey jitters+joys, traverse topographic highs+ lows, and gaze back upon emergent map/s visible only at journey's end. In this proposed training workshop, I lean into arts-based processes and cast myself as a weaver of stories, a montage assembler (Yardley, 2008), stitching together storied accounts of ABR+A that contain both factual and fictional re-craftings (Leavy, 2013) alongside artworks and photographic images. Following this, participants will be invited to use creative and playful ABR+A processes to express and explore their own lived experiences of research.</p>
<p><b>13.10pm to 14.30pm LUNCH</b></p>	