

FRIDAY LATE AFTERNOON PROGRAM

Time: 16.30pm to 18.00pm Presenters for Practice Innovation (PI) or Research (R) Papers	PI/R	Title & Short Description
Pamela Reyes , Master in art therapy, PHD (c), Arts Faculty, Finis Terrae University	R	Art in Social Recovery After Natural Disasters. Case Study: Art Collective, Coliumo, Chile. This paper describes the preliminary results of an ex post facto systematic evaluation on how art workshops, conducted in the post-2010 earthquake and tsunami context in Chile, contributed to an emotional support for young people in post-disaster recovery phase.
Carolina Peral , Master of Art Therapy and PhD candidate in Art Therapy at the Complutense University of Madrid, Complutense University of Madrid.	R	LHABT2: Life-history Artist Book Trauma Treatment. Trauma-based Art Therapy has been evolved as a tool for improving the wellness of patients diagnosed with PTSD. Using a mixed method of life-history from ethnography and the artist's book from Art, the LHABT2 (Life-history Artist Book Trauma Treatment) offers an art-based method able to reduce trauma effects.
Emma Mills , MA Art Psychotherapy, BAAT Full Member, HCPC registered. Kathy Moon , MA, ATR-BC, School of the Art Institute of Chicago Hayley Berman , PhD, University of Hertfordshire Issac Lema Joanna Pearce	PI	Art Therapy in Africa: Now and Next. This presentation describes innovative practices being developed in six countries. Western art therapists address relevant topics including the nature of cross-cultural collaborations with indigenous practitioners, key ethical considerations, and sustainable practice.
Tessa Whyatt , MA Art Therapy.	PI	Time to Thrive: Re-Thinking Art Therapy in the South African context. Working in the charity sector in Cape Town, South Africa has many challenges. Tessa has needed to create exciting content to entice and engage groups of vulnerable youth. She's been combining Time To Think with directive art therapy techniques, and a heady mix of drama, music, mindfulness and coaching tools.
Jue Ann Ng , AThR, MAAT, Montfort Care	R	The use of Chinese metaphor by people with dementia in art therapy. This presentation discusses the use of Chinese metaphors by an older adult living with dementia.
Laura Richardson , MA Art Psychotherapy Research, Self Employed	PI	Beginner's Mind: art therapy and advanced dementia.

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		This presentation will explore the art therapy literature to identify examples of positive practice for those affected.
Natalia Nazarova , PhD, Rehabilitation Department of Psychoneurological Dispensary, St.Petersburg	R	Art Therapy in Development of Emotional Intelligence in Patients with Schizophrenia. This paper discusses the use of group art therapy for development emotional intelligence in outpatients with schizophrenia. The developed structured art therapy program, methods of the research and main outcomes will be discussed.
Loukia Chaidemenaki , BSc Applied psychology, MSc Psychology Derby University UK, Trainee art Therapist	PI	ART Voices: “They kept me safe from loneliness, silence and insanity” In liaison with art therapy: experiences of mystical among people who hear voices, see visions or have had other extraordinary experiences.
Emmanuela Halim , MA Art Therapy, AThR	R	Homecoming: The Transitional Experiences of Art Therapists in Indonesia. This presentation is a dissemination of an ongoing research by professional art therapists practicing in Indonesia. It explores the personal experience of each art therapist from learning the Western model to relearning the Indonesian context to be able to apply the knowledge and provide a safe and professional practice.
María Ruiz-Echeverry , ATR, Universidad del Valle	R	Mapping Invisible Work: Research for a Country "without" Art Therapy. This work maps current research policies in Colombia, proposing where and how art therapist can develop this aspect of the field of Art therapy. It aims forms of agency for countries where there is “not research”, little amount of publications and, even not recognition of Art Therapy as a profession.
Hui Chuang Chu	R	Making an artwork as a way within supervision. Making an artwork as a way within supervision-The New supervision model for training new counselling teachers in Taiwan.
Unnur Óttarsdóttir , Dr, The Reykjavik Academy, The Iceland University of the Arts.	R	Processing Emotions and Memorising Coursework through Memory Drawing. Quantitative and qualitative research findings showed that ‘Memory Drawing’ is effective in facilitating long-term memory of words and for processing emotional material relating to stress and/or trauma.

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<p>Vytautas Tautkevicius</p> <p>Audra Brazauskait PHD, Lithuanian University of Health Sciences</p>	R	<p>Dark outlines of epilepsy: art therapy - space to unravel inner tension.</p> <p>In this paper, we have investigated the data of the Thematic analysis in relation to formal elements of the drawings by epileptic patients. Looking at how Thematic and drawing analyses complement each other.</p>
<p>Nataly Woollett, PhD, ATR, RPT-S, University of Witwatersrand, South Africa</p>	R	<p>Revealing loss' impact: Exploring mental health using drawing/writing with HIV+ adolescents.</p> <p>Little is known about how HIV positive adolescents experience their bereavement in South Africa. Using drawings and writing accounts of losses of significant attachment figures, adolescents engaged in HIV care in the public health system reveal their stories and offer professionals evidence for opportunities in improving mental health outcomes.</p>
<p>Jody Thomson, PhD Candidate MA ATh BSS (Hons) AThR, Western Sydney University</p>	R	<p>Stories from the riverbank: the art therapist in end of life care.</p> <p>This doctoral art therapy research paper focuses on the experience of art therapists working with death. It unfolds, through art-making, storytelling and writing, a more nuanced understanding of our practice, and makes an important contribution to contemporary theorising of the work of art media and art process in therapy.</p>
<p>Nadia Collette, Hospital Santa Creu i Sant Pau</p>	R	<p>Art Therapy research in a hospital Palliative Care Unit setting.</p> <p>My post as art therapist in a hospital palliative care unit depends on the clinical research I do. The research creates a difficulty in accessing patients and yet a great opportunity to evaluate the intervention. I will share my personal experience, the general results and the implications on practice.</p>
<p>Sally Schofield, PhD, University of Manchester; MA Art Psychotherapy, University of Barcelona.</p>	R	<p>Artwork in the art therapeutic relationship - a material semiotic actor.</p> <p>The presentation questions the static positions of "client" and "art therapist" in relation to the artwork in the art therapeutic triangle. Through a qualitative analysis of 10 individual Audio-Image Recordings (AIRs) interviews, I explore how the creators enter into dialogue with their artwork and what this might mean for art therapy practice.</p>
<p>Presenters for Workshops</p>		<p>Title & Short Description</p>

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<p>Richard Downey, APT Foundation</p>	<p>Origami as an Analogy: Using paper folding in the process of Substance Use Disorders. The aim of this workshop is to provide a didactic and hands-on educational experience in the use of art therapy with Origami methods. Participants will learn analogies and metaphors that are of specific utility for Substance Use Disorders as well as teaching strategies. Mural making with Origami will be explored.</p>
<p>Michal Bat Or, PhD, University of Haifa</p>	<p>Working with biodegradable materials: Subjective experience of time and temporality. In this workshop, we will demonstrate the therapeutic potential of these materials in addressing aspects of temporality, changes that occurs over time, and mortality. Using biodegradable materials for the art making may enable an exploration of the subjective experiences of time and temporality that may arise from working with such materials as well as their clinical potential. The degrading processes of these materials provide a unique opportunity to explore a wide range of human states that we experience throughout our lives, such as temporality, transitions, change, existence and vulnerability. As a result, the use of biodegradable materials can be very effective when working with people who are dealing with existential themes, midlife crisis, transitions, aging, sickness and personal loss.</p>
<p>Gary Nash, Clinical Director, Art Therapist, DipAT. MA.AT, HCPC, London Art Therapy Centre</p> <p>Hephzibah Kaplan, RATH, London Art Therapy Centre</p>	<p>Collaborative making of an Audio Image Recording. This workshop will demonstrate how new technology enables the co-construction of an audio image recording with flexibility and creativity whilst maintaining the integrity of the therapeutic relationship. The initial findings are showing that this art-based approach is adding or extending the visual memory of therapy over time as well and providing an evaluative space for a collaborative art-making exchange between therapist-researcher and client. The next stage in the research process is to begin to adapt these methodologies in order to gather art-based evaluative evidence within a collaborative client/therapist paradigm.</p>
<p>Gill Lock, MA HCPC, Mindful Arts</p>	<p>Mindfulness Based Art Therapy: Learning from Experiencing. Mindfulness-Based Art Therapy is a focused acceptance-based treatment. It is an intervention,</p>

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		<p>which is both psycho-educational, guided self-help and psychotherapeutic. The emphasis is on learning meditation techniques, creative expression of inner experiences and the provision of a reflective space. It focuses on the body in the present. Mindfulness-Based Art Therapy is a brief focused acceptance-based treatment. It is an intervention, which is both psycho-educational, guided self-help and psychotherapeutic. The emphasis is on learning meditation techniques, creative expression of inner experiences and the provision of a reflective space. The approach uses the body and art-making as primary tools, rather than words. It focuses on the experience of the present moment, rather than exploration of the past.</p>
<p>Irit Belity, MA, the Graduate School of Creative Art Therapies, University of Haifa, Israel</p> <p>Yael Domany</p>		<p>Intercultural therapy - a meeting between the inner home and the environment.</p> <p>In Israel there are situations of intercultural therapy. In this encounter two subjects and two different cultural worlds meet. In the workshop we will experience an intercultural encounter through representation of the inner home. and will be exposed to a treatment in which different images of the home will be explored.</p>
<p>Presenters for Masterclasses</p>		<p>Title & Short Description</p>
<p>Marcia Sue Cohen-Liebman, PhD, ATR-BC</p>		<p>Forensic Art Therapy: The Art Investigation:</p> <p>The goal is to present the basic tenets of Forensic Art Therapy which extends the modality beyond evaluation and treatment into the realm of investigation. The approach for the course is to provide didactic instruction coupled with experiential exercises. The course will be divided into five segments. Legal proceedings, testimonial capability and evidentiary material including drawings as judiciary aids will be presented within the context of child sexual abuse investigations. Additional topics include FAT versus Art Therapy in Forensic Settings (FS); drawings within the realm of investigation; and persuasive witnessing. Ethical issues inherent in the forensic arena and the corresponding impact on art therapists as expert witnesses will also be addressed. The course will conclude with a brief mock court experiential in which participants will translate learned knowledge into practice through role play.</p>
<p style="text-align: center;">18.00 End</p>		

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