

<p><b>Time: 14.30pm to 16.00pm</b></p> <p><b>Round table discussion</b></p>	<p><b>Art Therapy in Education: Challenges, Opportunities &amp; Best Practice</b></p> <p><b>Chair: Sarah Deaver, PhD.</b></p> <p><b>Contributors:</b></p> <p><b>Alex McDonald, BAAT</b> Communications, Advertising and CPD Courses Manager</p> <p><b>Deirdre McConnell, MA Art Psychotherapy Research, One Education</b></p> <p><b>Dr Unnur Ottarsdottir, The Reykjavik Academy, The Iceland University of the Arts</b></p> <p><b>Gina Alfonso, PhD Candidate, ATR-BC, LCPAT, Magis Creative Spaces, Inc</b></p>
<p><b>Time: 14.30pm to 16.00pm</b></p> <p><b>Presenters for Practice Innovation (PI) or Research (R) Papers</b></p>	<p><b>PI /R</b></p> <p><b>Title &amp; Short Description</b></p>
<p><b>Dimphy Fikke, MA and Research Fellow, University Medical Centre Utrecht</b></p>	<p><b>R</b></p> <p><b>Art making processes in art therapy: brain activity in EEG terms.</b> In order to gain better understanding of artmaking processes, especially processes relevant for art therapy, brain activity can be measured and interpreted.</p>
<p><b>Deborah Elkis-Abuhoff, PhD, LCAT, ATR-BC, ATCS , Hofstra University and Northwell Health System: Feinstein Institute for Medical Research</b></p> <p><b>Erin Poland, Hofstra University</b></p>	<p><b>PI</b></p> <p><b>The Neuroscience of Art Therapy.</b> In this presentation, attendees will be introduced to an overlap of art therapy and neuroscience. Through a basic, yet thorough, overview of brain structure and function, and how art therapy connects the work within the clinical setting, a discussion of directive, media, and neuroscience will also be presented.</p>

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<p>Gary Nash, Clinical Director, Art Therapist, DipAT. MA.AT, HCPC, London Art Therapy Centre.</p>	<p>R</p>	<p><b>Conducting art-based research: Principles of an art-based research design.</b> We are two years into a five-year art-based research process. The project considers the vital role that art and art-based phenomenon have to contribute to the research process and methodologies used. This paper aims to define, demonstrate and elaborate on the safe and effective use of visual methodologies through art-based research design.</p>
<p>Gergana Ganeva, Edge Hill University.</p>	<p>R</p>	<p><b>Illuminations from the blank space: Art therapy-based approach to sensitive research with trafficked people.</b> This presentation will consider employing new approaches to art therapy-based research methods. The study employs mixed methodologies within a reflexive process-based research design. Participants, trafficked men and women, were offered a choice of methodology, to relay their thoughts and experiences. This open research design allowed for multiple perspectives and rationales to be employed.</p>

<p><b>Davina Wilson</b>, MA Music Therapy, Self Employed Arts Therapist</p>	<p>R</p>	<p><b>The fertility journey and its affect on the therapy space.</b> Why do we, as a female dominant profession, not talk about the journey of becoming mothers? Since beginning my fertility journey in 2007, questions about therapists becoming pregnant and how this fundamental change to our lives affects the therapeutic process arose.</p>
<p><b>Angelica Ojeda</b>, Ph.D. in Social Psychology, Universidad Iberoamericana, Mexico City</p>	<p>R</p>	<p><b>Becoming a Super-Mother.</b> Parenting practice is one of the main factors associated with childhood obesity among poor families from Mexico City. Based on this idea, we developed an Art Therapy intervention using the “super-mother” metaphor, combined with Nutritional education, to achieve a healthier lifestyle and improve positive parenting practices in these families.</p>
<p><b>Huma Durrani</b>, MA Art Therapy AThR, Mount Mary College</p>	<p>R</p>	<p><b>Facilitating Attachment in Children with Autism through Sensory-b.</b> This paper presents art therapy research on a clinically tested framework for facilitating attachment in children on the autism spectrum through sensory-based, relational artmaking.</p>
<p><b>Beth Gonzalez-Dolginko</b>, EdD, ATR-BC, LCAT, LP, Private Practice</p>	<p>PI</p>	<p><b>A Minority Needing Service: Art Therapy with Adults with Autism Spectrum Disorder.</b> Literature is replete with research and information about children who have Autism Spectrum Disorder (ASD). Yet these children grow up to be adults. There is a paucity of literature regarding adults with ASD. Evidence-based research on structured art therapy groups with adults with ASD will be presented.</p>
<p><b>Graciela Ormezzano</b>, Universidade de Passo Fundo <b>Franciele Gallina</b>, Universidade de Passo Fundo</p>	<p>R</p>	<p><b>Art Therapy and Sacred Circular Dances: Brazilian Policy of Integrative Practices.</b> This research proposes a dialogue between Art Therapy and Circular Sacred Dances in the context</p>

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<p>Rodrigo Madalóz, Universidade Regional Integrada do Alto Uruguai e das Missões</p>		<p>of Integrative and Complementary Health Practices, in the Brazilian Unify Health System, through the National Policy that determines about seventeen different integrative practises to be used by health professionals of different areas with patients with high needs.</p>
<p>Mahesh Iyer, MA, AThR, BSc Psychology</p>	<p>PI</p>	<p><b>Rangoli, Culture and Art Therapy: Integrating a Tradition within Clinical Practice</b> This paper highlights the significance of culturally informed art therapy practice. More specifically; on how an Indian art form 'rangoli', was adapted and introduced to a predominantly Chinese group of elderly within a group art therapy program.</p>
<p>Nihal Midhat-Najami, Master degree in creative art therapy- music with honor, Haifa University  Limor Goldner, University of Haifa</p>	<p>R</p>	<p><b>Social suffering in Interviews and Drawings of Palestinian Adults.</b> This presentation will present the psychological experience of Palestinians who cross the Qalandia checkpoint on a daily basis using interviews and drawings.</p>

<p>Susan Rudnik, MA HCPC, Latimer Community Art Therapy</p> <p>Aisling Fegan, MA HCPC, Latimer Community Art Therapy</p>	<p>PI</p>	<p><b>LCAT; A Community led Art Psychotherapy Response to the Grenfell Tower Fire.</b> Presenting on the art psychotherapy work in the community following the Grenfell Tower fire. From the beginning of the establishment of a safe space following such a catastrophic rupture in containment, to the setting up of a service that exists in the heart of the community.</p>
<p>Mimmu Rankanen, Dr, licensed psychotherapist, licensed art therapist, CERADA, University of the Arts Helsinki</p>	<p>R</p>	<p><b>Researching Art Therapy Client's Experiences: Detecting Change during the Process.</b> In this research paper, I present three theoretical models that can be used in case studies to analyze different aspects of the art therapy process: 1. change in client's relationship to problematic issues, 2. change in dialogical relationships, and 3. change in psychophysical experiences.</p>
<p>Marcia Sue Cohen-Liebman, PhD, ATR-BC</p>	<p>R</p>	<p><b>Drawing and Disclosure of Experienced Events: Findings of A Qualitative Study.</b> This qualitative study considered a novel application of art therapy using a specific fact finding, imagery based and relational format; the Common Interview Guideline, a Forensic Art Therapy investigative interviewing process.</p>
<p>Ronald Lay, MA, ATR-BC, AThR, MA Art Therapy, School of Creative Industries, Faculty of Fine Arts, Media &amp; Creative Industries, LASALLE College of the Arts</p> <p>Jue Ann Ng, AThR, MAAT, Montfort Care</p>	<p>PI</p>	<p><b>A Multitiered Community Arts Collaboration Featuring Asian Older Adults with Dementia.</b> This presentation aims to highlight the pragmatics of a multitiered community arts collaboration, showcasing the artwork of older adults with dementia through an exhibition in a non-traditional public exhibition space. The benefits and ethics involved are illustrated in order for others to consider initiating and engaging in their own collaboration.</p>

Presenters for Masterclasses	Title & Short Description
<p><b>Neil Springham, PhD, Oxleas NHS Foundation Trust Therapies.</b></p>	<p><b>Mentalizing in art therapy.</b> This masterclass will examine how attachment theory can strengthen art therapy practice. The concept of ostensive communication is described and an experienced mentalization trained art therapist will conduct an observed role play to show how such theory translates into clinical art therapy practice.</p>
<p><b>Erin Partridge, PhD, ATR-BC, Elder Care Alliance.</b></p>	<p><b>Ageism and Ethics: Art Therapy with Older Adults.</b> This presentation will review clinical work, community activism, and research as a means to explore ethical, empowerment-based work with older adults. Ageism has harmful, limiting impacts on individuals and cultures (Applewhite, 2016; Sweetland &amp; Volmert, 2017). Left unexamined, our stereotypes and beliefs about older adults can impact what we believe older adults are capable of, the language we use to discuss them, and how we theorize and provide treatment (Nelson, 2005). Working from an empowerment-based approach (Irving, 2015; Partridge, in press) creates a more generative, ethical way to provide art therapy with older adults.</p>

Presenters for Workshops	Title & Short Description
<p>Marilyn Miller, Marilyn Miller Consultancy</p> <p>Fiona Williams, AWP Mental Health Partnership Trust, Bristol</p>	<p><b>Retirement and Reinvention - Managing a Transformative Process.</b></p> <p>This experiential workshop explores what can we do to look after ourselves and our clients during this transformative process. (practical and ethical considerations). We will explore hopes and fears commonly associated with retirement. While acknowledging potentially painful feelings of loss and endings, we will also explore retirement as a transformative process, and learn key skills to manage this. We will use art making as a way to think about these things in a safe space, and take the risk of imagining other possibilities, and think through these in a creative form.</p>
<p>Val Huet, PhD, HCPC Registered Art Therapist, CEO, British Association of Art Therapists</p>	<p><b>Art Therapy Groups for Work-Related Stress</b></p> <p>An introductory theoretical presentation will outline the approach and evidence for combining art-viewing and response art in art therapy groups to address work-related stress and support resilience. The experiential groupwork will replicate this approach art and participants will be asked to focus on their own work experience. Art-viewing in a group is a social process mediated through Joint Attention (Scaife &amp; Bruner, 1975) and underpins relational aesthetics that supports engagement not only with the self but with others, society and the world (Bourriaud, 2009; Moon, 2002; Potash et al., 2013).</p>

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<p> <b>Carles Ramos</b>, Art Psychotherapy (Goldsmith's) &amp; Mentalisation level II (A Freud Institute), Metàfora, centre d'estudis         </p>	<p> <b>Trencadís, social imaging (SIG), working with large groups in art therapy.</b>            Metaphoric language can be use to summarize and share our experience in events like this Conference. Trencadis (SIG) is a method of working with large groups in art therapy designed for the purpose of summarizing the experience of participants in the closure of events such as courses, assemblies, conferences, etc. "Trencadís" was a mosaic made out of broken pieces of ceramics and used as a decorative element to coat in roofs, columns, benches, etc. During the first half conductors invite participants to describe their experience in the event with a metaphor. On the second half the group remains silent. They all go into hand making collaborative work. The conductors start by explaining what it is a "Trencadis". Following conductors will scatter on the floor a lot of plastic cuts. Participants will have to improvise with them a puzzle without speaking to each other. After some time of silent collaborative work a resulting big mosaic image appears on the floor. This image acts as a footprint of the experience         </p>
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<p>Samantha Hickman, MA AThR, Singapore Cancer Society</p>	<p><b>Eco Art Therapy, Mindfulness, (Im)permanence: Leaving a Purposeful Mark in the Park.</b>          This experiential workshop aims to illustrate key therapeutic benefits involved with purposefully leaving one’s mark in a public space. This workshop has been structured to encourage participants to consider the concepts of eco art therapy and mindfulness, to connect with the symbolic reference to regeneration using natural found objects (which will be provided on-site) and to further reflect upon the themes and topics of the workshop. Participants will be invited to install their created artwork within a park setting following the workshop. This experiential workshop integrates art making with content from my own art and art therapy practice, with consideration to the culture and societal norms around death and dying in the context of Singapore where I practice.</p>
<p>Michelle Dean, MA, ATR-BC, LPC, CGP, The Center for Psyche &amp; the Arts, LLC</p>	<p><b>The Sacred in Therapy: Ex-Votos and Devotional Art.</b>          There are many sacred moments in a psychotherapy experience in which ritual may be employed as a token of acknowledgment. Devotional paintings, such as ex-votos, are made by an individual for a public place or shrine and serve a ritual purpose. Their creation spans numerous cultures and is universal to human art-making. Ex-votos are used as vows, prayers, or wishes and represent the moment of greatest need, not the cure; they are visual prayers. The materials used to make the objects varied accordingly, with the class and economics of the</p>

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		<p>This workshop explores the history and structuring devices of ex-votos and other devotional art forms. Participants will create a devotional work of art and understand how this art form may be respectfully incorporated into a psychotherapy practice that grounds the art form in historically and culturally sensitive ways.</p>
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**16.00pm to 16.30pm COFFEE BREAK**