Private Practice Workshop for Art Psychotherapists.

This workshop explores the practical and personal dynamics involved in the setting up and maintaining private practice as an Art Psychotherapist.

By the end of the day we hope you will be able to:
- Understand your motivations for setting up in private practice
- Have a clearer knowledge of the practical issues involved
- Know some of the approaches to self efficacy in private practice
- Identify the importance of using good assessment methods appropriate for private practice
- Know of potential networks and support you need to develop your practice

Programme

9.30 Coffee/tea and registration

10.00 Introduction to the day’s programme

10.10 Small group exercise.
Why do I want to do it and what is Private Practice?
What skills do I bring to Private Practice?

10.30 Feedback from group exercise and individual introductions.

10.50 The Dynamics of Private Practice.
(Fears, Phantasies and Realities)
Holding the process alone.
Dave and Janet will share relevant experiences from their private practice.

11.30 Break

11.50 Practical issues eg. materials, storage, practice space, toilets, networking, referring clients, returning to the idea of using/adapting your previous skills.

1.00 Lunch

1.45 Assessment.
What are we assessing? What do we need to know about our clients?
Who are you working with?
Confidentiality and Private Practice.

3.00 Break

3.10 Practical issues of administering a private practice:
Money, insurance, tax, supervision.

4.00 Where do I go from here? Working on your Action Plan

4.30 Plenary

5.00 End
We will be providing useful handouts to support during the workshop.

Dave Rogers/Janet DeHeger 2014