Art Therapy Practice Research Network Symposium

Building a theory of formulation for art therapy

Date: Friday 4th November 2016, 10.00am to 4.00pm,

Venue: BAAT, 24 – 27 White Lion Street, London, N1 9PD.

Presenters

Dr Lucy Johnstone is a UK clinical psychologist, trainer, speaker and writer, and a long-standing critic of biomedical model psychiatry. She has worked in adult mental health settings for many years, alternating with academic posts. She is the former Programme Director of the Bristol Clinical Psychology Doctorate, a highly regarded course which was based on a critical, politically-aware and service-user informed philosophy, along with an emphasis on personal development. Lucy is the lead author and chair of the British Psychological Society Working Party on ‘Good Practice Guidelines on the use of psychological formulation’.

Dr Neil Springham is Consultant Art Therapist Oxleas NHS Trust and ex - Officio Chair of the British Association of Art Therapists. His interests include developing Mentalisation-based Art Therapy, Brief Approaches to Art Therapy and Art Therapy and the Law. Neil edited the 2012 special issue of the International Journal of Art Therapy on Personality Disorders. He is a co-founder of the Art Therapy Practice Research Network and lectures in the UK and internationally.

Programme:

10.00 am: Welcome and introduction to the day – Dr Val Huet & Dr Neil Springham

10.05 am: Good practice in psychological formulation – Dr Lucy Johnstone

11.30 am: Break

12.00 pm: Developing a framework for art therapy formulation – what do we need to know? Dr Neil Springham

13.00 pm: Lunch

14.00 pm to 16.00pm: Interactive workshop on developing Formulation with diverse client groups