

ATTACHMENT & THE ARTS CONFERENCE

THE DISEMBODIED IMAGE:

EXPLORING THE IMPACT OF THE PANDEMIC ON PERSONAL AND PROFESSIONAL ATTACHMENTS

Online Saturday 20th November 2021 - 10.00am to 4.30pm

PRESENTERS' INFORMATION

Dr Noah Hass-Cohen, PsyD, ATR-BC

Dr. Noah Hass-Cohen is faculty at the Couple and Family Therapy program at Alliant International University in Los Angeles CA and an internationally recognized expert on relational art therapy neuroscience approaches. Noah is the author of two books, *Art Therapy & Clinical Neuroscience* and *Art Therapy & the Neuroscience of Relationships, Creativity & Resiliency* which were published by Norton's Interpersonal Neuroscience series. She has pioneered, published, and presented on her approach which includes six principles: 1) Creative Embodiment, 2) Relational Resonating, 3) Expressive Communicating, 4) Adaptive Responding, 5) Transformative Integration, and 6) Empathizing and Compassion. Noah's recent research focuses on the application of her empirically supported four-drawing protocol for the treatment trauma and pain related symptoms. She has received the prestigious Silver Rawley Research Grant from the American Art Therapy Association for her ongoing pain research as well as the prestigious Journal of the American Art Therapy Association's article of the year award. In the community she and colleagues received a grant to provide workshops on obesity and weight management related psychosocial factors. Noah is trained and certified in several mindfulness approaches, and she champions "Lands in Love," a Costa Rican plant-based cooperative and animal shelter. Originally from Israel, Noah lives in Los Angeles. Her current favorite art medium are paper cutouts, and she enjoys spending time with her spouse, children, and grandchildren.

Corrina Eastwood

Corrina Eastwood is an artist, art psychotherapist, lecturer, writer and activist. She is a Romani woman and has been prompted by personal experiences of marginalisation and oppression felt at the intersect of being both GRT (Gypsy Romani Traveller) and a woman, to develop an interest in the privileging of marginalised voices and the challenging of social disparities and normative power, through art, art therapy practice, activism and education.

Corrina has been a practicing artist for over 25 years working as a painter, with film and more recently with sculptural form and found objects. Following completion of her BA honours in Fine Art Painting in 2000, Corrina went on to complete her MA in Art Psychotherapy and work in a range of third sector settings and in private practice. This has included women's charities with survivors of domestic abuse and violence, with adults experiencing homelessness and addiction issues, in therapeutic communities, in medium secure wards working with women with personality disorder diagnosis, and in children's charities where she managed several therapeutic services within schools.

In 2012 she co-founded the intersectional feminist arts organization Sweet 'Art and in 2015 founded feminist art therapy charity Outskirts. She currently works as a supervisor and lecturer specializing in practicing from psychodynamic foundations, integrating intersectional and feminist perspectives, exploring identity and difference, and raising a consciousness in practitioners surrounding issues of power, privilege, and prejudice in art therapy practice. Corrina currently has a publishing contract with Jessica Kingsley Publishers and is in the process of completing the co-editing of her first book titled 'Intersectionality in the Arts Psychotherapies' due to be published in Jan 2022. Following the

publication of her most recent peer reviewed article 'White Privilege in Art Therapy In The UK: Are we doing work?' Corrina has become Equality, Diversity and Inclusion Advisor for the International Journal of Art Therapy and will be co guest editing a multi journal collaborative special issue exploring Intersectionality, Cultural Humility, Anti-Colonial and Re-indigenization of art therapy practice.

She has exhibited her art works extensively both in the UK and internationally. 'Lines in the Sand' Corrina's first short film as both co director and writer previewed at Cannes film festival 2012 and was also selected for Raindance film festival in the same year. Her short documentary 'The Baby and the Snake' which was completed in 2017, explores patriarchal roles within Romani Gypsy culture and the impact of social exclusion and racism on her community. The film won Best Documentary in the London Independent Film Awards in 2018. Corrina has also recently been selected to be one of two commissioned artists as part of the arts council funded Gypsy Maker 5 Exhibitions, curated by the Romani Cultural and Arts Company.

Art based self-reflexivity and explorations of Romani identity, sexuality, gender, culture and trans and intergenerational trauma have been the focus of Corrina's art practice for some time and have heavily influenced her approach to therapeutic practice and teaching.

Jacqui McKoy-Lewens (Northern Programme Students & Teaching Team: details to be added)

Jacqui McKoy-Lewens trained as an Art Therapist in response to her many years of living and working within multi-cultural communities and specifically with disadvantaged community groups as a local government, Community Arts Officer.

This led on to therapeutic work with clients in schools, community centres, forensic settings, pupil referral units and with looked after children/youths who were exhibiting challenging behaviours and many who were also often deemed to be at risk of offending.

Alongside her therapeutic work, she has also worked for many years as an Academic Lecturer, teaching Undergraduate and Post-graduate level students on Creative Arts & Entertainment Business Management in Universities such as for the Sheffield Business School. Also undertaking various advisory and consultation roles for the Arts Council of England in arts and business management. All of this is prior to taking up her current role as Programme Director for the Art Therapy Northern Training Programme in Sheffield.

Nicki Power

Nicki Power is a doctoral researcher and art therapist. She is currently seconded from her role as Head of Arts Therapies for Bedfordshire Adult Mental Health & Learning Disability Services, part of East London NHS Foundation Trust. She is a coordinator of the BAAT Art Therapy & Learning Disability Professional Support Group. She is a member of the editorial board for the Irish Journal of Creative Arts Therapies – Polyphony.

Rebekah Dolby

Rebekah Dolby is an art therapist and graduate of University of Hertfordshire. She is a trauma-informed practitioner and is currently working for a social justice organisation, The Cambridge Acorn Project, as an Art Therapist and Wellbeing Lead in both primary and secondary schools.

David Thorne

David Thorne is an artist and art therapist with a Mentalization-based influence. He worked for the Special Learning Disabilities Service within Hertfordshire Partnership University Foundation NHS Trust, through the lockdowns of 2020, and Now works for Devon Partnership Trust. He is also a visiting lecturer and experiential module facilitator at the University of Hertfordshire.

Lynn Kapitan, PhD, ATR-BC, HLM

Lynn Kapitan is a professor emeritus of graduate art therapy and former doctoral director at Mount Mary University in Milwaukee, WI. A past editor of *Art Therapy: Journal of the American Art Therapy Association*, Lynn has taught, edited, and worked with diverse groups and people over the years, and currently is a cross-cultural community art therapist and research consultant for a non-governmental agency in Central America.

Alex Kapitan

Alex Kapitan is a trainer, speaker, consultant, editor, and activist. Alex is the founder of Radical Copyeditor, an anti-oppressive language project, and the co-founder of the Transforming Hearts Collective, a faith-based LGBTQ healing justice organization. Alex's approach to language is rooted in the truth that language describes and creates reality, so we have a responsibility to describe and create the best possible reality we can imagine.

