

INFORMATION PACK & FREQUENTLY ASKED QUESTIONS (FAQS)

LEVEL 6 DIPLOMA IN WORKING WITH CHILDREN IN ART THERAPY

CPCAB (Counselling and Psychotherapy Central Awarding Body) and BAAT.

1. Description of the qualification including the course aims and objectives.

The course is a level 6 Diploma for Arts Therapists qualified to MA or equivalent level, who are already working with children and young people or who wish to further specialise in working with this client group. Other suitably qualified practitioners may also be able to join the course on a case by case basis if holding an MA/MSc/MPhil/PhD award. If you are not an HCPC registered art therapist, please note that this is not a qualification to practise as an art therapist or art psychotherapist in the UK as these titles are statutorily protected.

The course is an intensive practice led, theoretically informed course and will equip learners with the work ready skills required to operate effectively and ethically as a member of the contemporary Children and Young People's workforce. 10 distinct modules will cover the ethical, practical, systemic, legislative and theoretical components essential to delivering safe, effective and evidence-based arts therapy interventions with children and young people aged from 4-18 in a range of settings. Those working with children or young people outside this age range may be considered on a case by case basis.

2. Placements

Learners will be expected to find their own placement which could be their current place of work or a setting where they deliver honorary work. The suitability of placement settings should be discussed with supervisor-tutors to ensure that they will be able to offer a good enough setting for learners to apply and demonstrate their course learning.

3. Clinical work

Learners will be expected to deliver a minimum of 2 pieces of child clinical work during the course. Child clients should be between the ages of 4-18. The suitability of children or young people out with this age range should be discussed with tutor-supervisors. The suitability of all potential cases should be discussed and agreed in supervision- tutorials. Learners should be able to provide art therapy to two different clients (or groups). The length of these two contracts will vary and should ideally include 1 time- limited piece (between 8 to 10 weeks) of work and 1 longer term (12 weeks or longer) during the course. However, as there are many variations across contexts, there will be some flexibility in terms of length of contract and the quality of learning will be prioritised.

4. Target candidate group

Applicants will be qualified to PG Dip, MA, MSC level or equivalent in Art Therapy or one of the other creative therapies. Other suitably qualified practitioners may also be able to join the course on a case by case basis if holding an MA/MSc/MPhil/PhD award. Overseas candidates who do not have access to formal art therapy training will also be considered on a case by case basis against equivalence criteria.

5. Teaching Faculty

The Course Lead, Dr Val Huet, will hold overall responsibility for course content and delivery. Quality assurance will be monitored and supervised by the CEO of BAAT and Course Director. An additional 5-7 relevantly experienced Consultant Tutors will deliver specific specialist teaching modules. The minimum tutor qualification is MA or Post Graduate Diploma in Art (s) Therapy or Art(s) Psychotherapy or a related field with a minimum of 8 years post qualifying practice in their specialism. Consultant tutors will have at least 5 years' experience in supervising art therapists and experience of teaching or tutoring at Post Graduate level.

6. Dates of Sessions: All Thursdays 10am to 5.30pm

Term 1: Autumn 2020

September 24th

October 22nd

November 26th

Term 2: Winter 2021

January 14th

February 11th

March 18th

April 22nd

Term 2: Summer 2021

May 20th

June 24th

July 15th

Viva dates

Final Viva Panel for full-time students will be end of November 2021 and for part-time students, end of November 2022.

7. Attendance Requirements

Required attendance for all will be 80% in order to pass. Learners will attend 1 full day Thursday Session (10.00 – 5.30) of guided learning per month for 10 months. In addition, full-time learners will take part in 10 x 1hour monthly supervision-tutorial sessions for the duration of the Course during that time.

Part-time learners will take part in a once per term supervision/tutorial in year 1 which will be an overview of their learning process. In year 2, they will take part in 10 x 1hour monthly supervision-tutorial sessions and will also attend one group per term from 2.00pm to 5.00pm to touch base with peers and course leader (dates to be agreed).

8. Learning Strands

The course is divided into 5 learning output strands:

- Monthly guided learning seminar sessions
- Monthly supervision-tutorials
- Ongoing visual reflective journal (including reflective writing)
- Case study written submission (word limit 4000 words not including references)
- Case study and reflective visual diary presentation at viva

Additionally, you will be required to audio record and transcribe 2 abstracts from 2 different sessions

and lasting 10 minutes each. These transcriptions will only be shared with your supervisor and some of the anonymised content included in your case study.

9. Learning Objectives

The Course addresses 7 overarching learning objectives; further underpinned by 30 specific objectives.

1. Work safely, legally and ethically as a child art (s) therapist
2. Establish and develop the therapeutic relationship as an art(s) therapist with children.
3. Integrate understanding of diversity in art(s) therapy with children.
4. Use a coherent art(s) therapy approach to meet the individual needs of the child.
5. Work with self-awareness as a child art(s) therapist
6. Use theory, research and skills within a coherent framework for child art(s) therapy.
7. Monitor and maintain professional effectiveness as a child art(s) therapist.

10. Assessment and Submission dates

- Assessment will be on a continual basis throughout the course and will involve tutor and self- evaluation. Supervisors and learners will complete a learning assessment form together at the end of each supervision session.
- Each learner will have a mid-course review: for full time students, this will be conducted around February/March 2021 and for part-time students, this will be scheduled in October/November 2021.
- Learners will make a final case written submission and a presentation to the assessing panel which will include tutors and peers where they will be expected to clearly demonstrate the application from the 10 distinct learning modules to their practice. Deadlines for submission of written work drafts and final copies will be as follows:
Full-time students: final draft of case study to tutor by 4th October 2021 and deadline for case study submission 1st November 2021.
Part-time students: final draft of case study to tutor by 3rd October 2022 and deadline for case study submission 31st October 2022.

11. What will be assessed and how

Students will be required to submit a portfolio to evidence their understanding of the 7 core learning outcomes. The portfolio will contain an index clearly specifying where the supporting evidence can be found and how it relates to the core learning outcomes. Assessments will be undertaken by seminar leaders, supervisor-tutors, self and peers.

In order to successfully pass the qualification your portfolio must provide evidence gathered from the 5 output strands for each criterion across the 7 learning outcomes.

- Case study written submissions should evidence all of the learning objectives
- Case study presentations should evidence all of the learning objectives
- Records of Supervisions-tutorials should evidence all the learning objectives
- Records of participation in seminars should evidence all the learning objectives
- Ongoing Visual Journal Content should evidence all the learning objectives

FAQs

1. When can I apply?

The course is open for applications as of 13th January 2020 and closes for applications on the 10th August 2020

2. Where will the course be delivered from?

The 10 monthly seminars will be delivered from the BAAT Training Rooms in the Claremont Centre, Angel, London N1 9PD. This site is well served by public transport, walking distance from Angel Underground Station and is very close to key train links from elsewhere in the UK.

3. Will I be expected to find my own placement?

Yes. This can be your current place of work or a place where you are undertaking voluntary work. You will be expected to discuss the suitability of your potential placement setting with your allocated tutor to ensure that it can provide a good enough environment to enable you to apply the course learning. BAAT can provide some support if finding a placement is a challenge but you will need to be active in helping to find this.

4. Will I be expected to find my own supervisor?

No. A supervisor will be allocated to you for the duration of the course. This supervisor will be a suitably qualified and experienced art therapist who will be fully versed with the course curriculum to enable you to maximise the application of learning to your work setting. Skype supervision sessions can be arranged on request.

5. Will I have to pay for my supervisor?

No. The cost of supervision is included in the course fees.

6. Do I need to have a certain amount of experience of working with children?

Although it will be helpful to have had at least one year's experience of working with children there is no minimum experience required for learners.

7. What age of children will the course focus on?

The course will be suitable for those working with children from 4 to 18. Candidates working with children out with this age range could be considered on a case by case basis to ensure that they can apply the course content to their clients

8. Will it improve my chances of employment?

Yes. Art (s) Therapy with children and young people is a significant growth area with increasing opportunities for employment within schools, charities, nurseries, PRUs etc. The Adoption Support Fund has considerable ring-fenced finance for Art(s) and other creative therapies to support children and young people.

9. Will employers recognise this qualification?

Employers recognise the value of BAAT endorsed CPD and CPCAB validates a number of highly respected courses. This course will serve as the equivalent of a quality kite mark for Art (s) therapy with children.

10. Will I be required to be in personal therapy during the course?

Learners, as qualified Arts Therapists, will have undergone their own personal therapy as part of their training. It will therefore not be a requirement that learners are in personal therapy for the course duration. If the learners are overseas candidates or suitably qualified professionals who have not previously undertaken personal therapy, a minimum of 15 hours experience of therapy prior to starting or within the first 6 months of the course will be a pre-requisite. All learners will be required to make appropriate reflective links to their own process during guided learning, tutorials and supervision sessions.

11. If I am not an HCPC registered art therapist, can I apply?

We welcome applications from overseas practitioners from countries that have little or no art therapy formal training as well as from UK-based professionals who want to expand the use of art in their therapeutic practice. However, you will not be able to use the titles 'art therapist' or 'art psychotherapist' in the UK as these are protected by law and will need to describe your approach differently: e.g. therapeutic child art counsellor, etc.

12. Will I be expected to have done voluntary work prior to the course?

Voluntary work is not a prerequisite for the course.

13. Will I be expected to pay for my own lunches and refreshments when I attend the London monthly seminars?

No. Lunch and refreshments for the day are included in the course fees.

14. How much does the course cost?

The course costs £4,650 for the full-time option (theoretical component & case work to be completed in one year) and £5,150 for the part time option (theoretical component to be completed in year 1 & case work in year 2).

15. What's the difference between the full-time and part-time mode?

Full-time and part-time learners attend the same monthly taught modules together. Full-timers complete their practice placement during that year and submit their written work within 12 months of starting the training. Part-time learners start their practice placement in year 2 and submit their written work at the end of their 2nd year.

16. Can I pay in instalments?

*Yes. The cost can be paid in instalments per month over 12 months
Part time students can pay in monthly instalments over 24 months.*

17. Are there any discounted packages?

Yes. We can offer 10% discount if payment is made in full in accordance with the terms of our Early Bird offer (deadline for this offer is 10th August 2020)

18. Are there any other financial benefits?

Yes. Learners would also receive 20% discount on BAAT CPD courses during their term as a student.

