

**Information Pack**  
**Art Therapy Supervision Diploma**  
**START DATE: 10<sup>th</sup> JANUARY 2023**  
**Online delivery**

**Qualification title and level**

Level 6 Diploma in Art Therapy Supervision, CPCAB (Counselling and Psychotherapy Central Awarding Body) and BAAT.

The course can be done either as one year full-time or two years part-time option.

**This course will be delivered online to be accessible to all learners.**

**1. Description of the qualification including the course aims and objectives.**

The course is a level 6 Diploma for Arts Therapists qualified to MA or equivalent level and for suitably qualified professionals who use art within their supervisory practice or supervise art therapists or arts in health practitioners as part of their work. Overseas applicants with suitable experience who wish to specialise in this area are also welcomed to apply.

This intensive theory-informed and practice-based course will equip learners with the knowledge and skills required to provide effective, inspiring, ethical, and art-based supervision to supervisees from arts therapies and related professions (arts in health, counselling, psychotherapy, etc.). Art-based processes in supervision will feature prominently in the curriculum and include techniques and exercises on artmaking within supervision. Participants will also be required to use visual diaries as part of their learning process. Understanding implications of the legal framework as well as organisational dynamics and their impact on supervision will be an integral part of the course. The training will also focus on enabling participants to become research -aware supervisors and to learn how to evaluate the efficacy of their supervisory work.

**1. Training requirements**

- Taught modules: all full-time and part-time learners will be required to attend a two-day introduction module, followed by nine monthly modules which will run on Tuesdays from 10am to 5.30pm and will be delivered on zoom
- Supervisory practice: Supervising fortnightly 2 to 3 art therapists/arts practitioners over at least 6 months or a combination of groups and individual supervision. Part-time learners will undertake their supervisory work in the 2<sup>nd</sup> year (see FAQs for more details).
- Supervision of supervisory practice: individual 1-hour monthly supervision (in the 2<sup>nd</sup> year for part-time learners) will be provided.

**2. Written requirements**

- Essay critiquing models of supervision (3500 – 4000 words)
- Evaluation of supervision practice: recording, transcribing, and analysing ten minutes excerpts of 2 supervision sessions with supervisor (2000 words)
- Final Case Study including excerpts from transcription above (7000 to 8000 words)

**3. Additional requirements**

- Pre-module reading of articles

- Keeping a visual diary
- Attendance at two individual tutorials for review and support of drafts of written work

#### **4. Learning Objectives**

The course addresses 7 overarching learning objectives which are described in detail in the course handbook (this will be accessible to participants who register on the training)

- Work safely, legally, procedurally, and ethically as an art therapy supervisor
- Model and supervise the use of an art therapy relationship
- Model and supervise understanding of diversity
- Model and supervise an art therapy approach to the supervisory work
- Model and supervise use of self in art therapy
- Model and supervise a coherent use of theory and skills
- Evaluate and supervise supervisory practice

#### **5. Assessment – what will be assessed and how.**

Students will be required to submit an electronic portfolio to evidence their understanding of the 7 core learning objectives. The portfolio will contain an index clearly specifying where the supporting evidence can be found and how it relates to the core learning outcomes. Assessments will be undertaken by seminar leaders, supervisor-tutors, self, and peers.

In order to successfully pass the qualification your portfolio must provide evidence gathered from the 6 output strands for each criterion across the 7 learning outcomes.

Essay written submissions should evidence knowledge of models of supervision and critical thinking. Learning objectives need to be evidenced over the course of the whole training.

- Case study presentation should evidence all the learning objectives
- Records of supervisions-tutorials should evidence all learning objectives
- Records of participation in seminars should evidence all learning objectives
- Ongoing Visual Journal submission should evidence all learning objectives
- Transcribed supervision sessions and analysis of these should evidence all learning objectives

All learners will have a mid-course assessment to review their progress in meeting the learning objectives and identify achievements and challenges. Final assessment will include a viva examination where learners will present a synopsis of their case study and reflection on their visual diary.

#### **6. Teaching Faculty**

Dr Val Huet will hold overall responsibility for course content and delivery. An additional 5-7 relevantly experienced Consultant Tutors will deliver specific specialist teaching modules.

## 7. Dates and times of modules for 2023

Modules run from 10.00am to 17.30pm

### Term 1: Spring 2023

- January 10<sup>th</sup> & 11<sup>th</sup> (2-day introductory module)
- February 7<sup>th</sup>
- March 7<sup>th</sup>

### Term 2: Summer 2023

- April 4<sup>th</sup>
- May 16<sup>th</sup>
- June 13<sup>th</sup>
- July 18<sup>th</sup>

### Term 3: Autumn 2022

- September 19<sup>th</sup>
- October 17<sup>th</sup>
- November 21<sup>st</sup>

### Viva Dates

Full-time students: end of February 2024

Part-time students: end of February 2025

## 8. Deadline for applications

**14<sup>th</sup> November 2022** (see FAQs below on how to apply)

**FREQUENTLY ASKED QUESTIONS (FAQs)**

**1. How will the course be delivered from?**

*The monthly seminars will be delivered on zoom to enable all learners to access it wherever they live. BAAT has now developed a lot of experience in delivering online trainings and keeping these creative and engaging for participants.*

**2. Will I be expected to find my own supervisees?**

*Yes, but we will also help you if you are having difficulties finding these. If you wish to continue with one of your current supervisees, this may be possible providing that you can introduce and implement course processes in your supervision. However, you will need to ensure that you start at least one of the supervision contracts from the beginning whilst you are on the course. This can be at your current place of work or as a self-employed supervisor.*

**3. Can I get paid for my supervision work whilst on the course?**

*Yes, you can charge your usual supervisory rates or a reduced rate if this is your first supervisory experience.*

**4. Will I be expected to find my own supervisor?**

*No. A Tutor-Supervisor will be allocated to you for the duration of the course. They will be a suitably qualified and experienced art(s) therapist who will be fully versed with the course curriculum to enable you to maximise the application of learning to your work setting. Online supervision sessions can be arranged at mutually convenient times for you and your supervisor.*

**5. Will I have to pay for my tutor/supervisor?**

*No. The cost of supervision is included in the course fees.*

**6. Do I need to have a certain amount of experience of being a supervisor to apply?**

*Although it will be helpful to have some experience of supervising, there is no minimum experience required for learners.*

**7. Will employers recognise this qualification?**

*Employers recognise the value of BAAT endorsed CPD and CPCAB validates a number of highly respected courses. This course will serve as the equivalent of a quality kite mark for art(s) therapy supervision.*

**8. How much does the course cost?**

*We offer this course in Full and Part Time options and fees are priced accordingly.*

Level 6 Diploma	Full Time	Part Time
<b>Total Price of Course</b>	<b>£4650</b>	<b>£5150</b>
<b>Non-refundable Deposit</b>	£450	£500

**9. Can I pay in instalments?**

Yes.

*Full Time students will pay in monthly instalments over 12 months*

*Part Time students will pay monthly instalments over 24 months*

Level 6 Diploma	Full Time	Part Time
Monthly instalments paid by Standing Order for 12 or 24 months (having paid the deposit as described above)	£350	£193.75

**10. Are there any discounted packages?**

*Yes. We can offer an Early Bird Discount if payment is made in full by 5<sup>th</sup> December 2022*

Level 6 Diploma	Full Time	Part Time
Early Bird Price (10% discount)	£4185	£4635

**11. Are there any other financial benefits?**

*Yes. Learners would also receive 20% discount on BAAT CPD courses during their term as a student.*

*Learners will also be able to charge for their supervisory work which will compensate for some of the course costs.*

**12. How do I apply?**

*Please email Dr Val Huet [val@baat.org](mailto:val@baat.org) if you want to discuss your application and [info@baat.org](mailto:info@baat.org) if you require an application form.*

*Deadline for receiving completed applications is 14<sup>th</sup> November 2022.*