

INFORMATION PACK & FREQUENTLY ASKED QUESTIONS (FAQS)

LEVEL 6 DIPLOMA IN WORKING WITH CHILDREN IN ART THERAPY CPCAB (Counselling and Psychotherapy Central Awarding Body) and BAAT.

Blended online and in-person delivery.

Starting Date: 21/05/2021

1. Description of the qualification including the course aims and objectives.

The course is a level 6 Diploma for Art Therapists qualified to MA or equivalent level, who are already working with children and young people or who wish to further specialise in working with this client group. International art therapists who have successfully completed a prior art therapy training are also invited to apply as the blended online and in-person delivery makes this training accessible worldwide. This diploma is not an alternative to HCPC validated UK art therapy training but is designed to further enhance and advance art therapy interventions for children and young people.

The course is an intensive practice led, theoretically informed course and will equip learners with the work ready skills required to operate effectively and ethically as a member of the contemporary Children and Young People's (CYP) workforce. Ten distinct modules will cover the ethical, practical, systemic, legislative, and theoretical components essential to delivering safe, effective and evidence-based art therapy interventions with children and young people aged from 4-18 in a range of settings.

Learners will be expected to find their own placement which could be their current place of work or a setting where they deliver honorary work. The suitability of placement settings should be discussed with supervisors to ensure that they will be able to offer a good enough setting for learners to apply and demonstrate their course learning. We plan to deliver taught modules online and whenever possible, we hope that practice placements will be conducted in-person if COVID-linked restrictions allow this. We will include teaching on online art therapy with CYPs to ensure that students develop these skills as online practice is likely to continue to be a requested option post-COVID.

2. Clinical work

Learners will be expected to deliver a minimum of 2 pieces of child clinical work during the course. Child clients should be between the ages of 4-18. However, work within early years resources (e.g. nurseries) will also be considered and the suitability of clinical placements should be discussed and agreed in supervision. Learners should be able to provide art therapy to two different clients (or groups). The length of these two contracts will vary and should ideally include 1 time-limited piece (between 8 to 10 weeks) of work and 1 longer term (12 weeks or longer) during the course. However, as there are many variations across contexts, there will be some flexibility in terms of length of contract and the quality of learning will be prioritised.

3. Target candidate group

Applicants will be qualified to PG Dip, MA, MSC level or equivalent in Art Therapy. Suitably qualified overseas art therapists are welcomed to apply.

4. Teaching Faculty

The Course Lead, Mary Rose Brady will coordinate course content and delivery. Quality assurance will be monitored and supervised by Dr Val Huet, BAAT Director of Research & Development. An additional 5 to 6 relevantly experienced supervisors and tutors will deliver specific specialist teaching modules. The minimum tutor qualification is MA or Post Graduate Diploma in Art Therapy or Art Psychotherapy or a related field with a minimum of 8 years post qualifying practice in their specialism. Supervisors will have at least 5 years' experience in supervising art therapists and experience of teaching or tutoring at Post Graduate level or on CPD courses.

5. Dates of Sessions: Fridays 10am to 5.30pm

Term 1: Summer 2021

21/05

18/06

16/07

Term 2: Autumn 2021

10/09

08/10

12/11

10/12

Term 3: Winter 2022

14/01

11/02

11/03

Viva dates

Final Viva Panel for full-time students will be end of June 2022 and for part-time students, final viva panel will be end of June 2023

6. Attendance Requirements

Required attendance for all will be 80% to pass. Learners will attend online on zoom 1 full day Friday Session (10.00 – 5.30) of guided learning per month for 10 months. In addition, full-time learners will take part in 10 x 1hour monthly supervision sessions for the duration of the course during that time. Additional tutorials will also be provided for written work.

Part-time learners will take part in a once per term supervision in year 1 which will be an overview of their learning process. In year 2, they will take part in 10 x 1hour monthly supervision sessions and will also attend one group per term from 2.00pm to 5.00pm to touch base with peers and course leader (dates to be agreed).

7. Personal Professional Liability Insurance & DBE

BAAT has Professional Liability Insurance as an organisation. However, as learners will be seeing clients within placements as HCPC registered art therapists (or trained art therapists if overseas), we request that all applicants also hold their own professional liability insurance, should a complaint be made against them by CYP's family or carers.

Learners will also be expected to have a current enhanced DBE (or equivalent if working abroad) or to arrange this with their practice placement if they do not have one.

8. Learning Strands

The course is divided into 5 learning strands:

- Monthly guided learning seminar sessions
- Monthly supervision
- Ongoing visual reflective journal (including reflective writing)
- Case study written submission (word limit 5000 words not including references)
- Case study and reflective visual diary presentation at viva

Additionally, you will be required to audio record and transcribe 2 abstracts from 2 different sessions and lasting 10 minutes each. These transcriptions will only be shared with your supervisor and some of the anonymised content included in your case study.

9. Learning Objectives

The Course addresses 7 overarching learning objectives; further underpinned by 30 specific objectives.

1. Work safely, legally and ethically as a child art therapist.
2. Establish and develop the therapeutic relationship as an art therapist with children.
3. Integrate understanding of diversity in art therapy with children.
4. Use a coherent art therapy approach to meet the individual needs of the child.
5. Work with self-awareness as a child art therapist
6. Use theory, research, and skills within a coherent framework for child art(s) therapy.
7. Monitor and maintain professional effectiveness as a child art(s) therapist.

10. Assessment and Submission dates

- Assessment will be on a continual basis throughout the course and will involve tutor and self- evaluation. Supervisors and learners will complete a learning assessment form together at the end of each supervision session.
- Each learner will have a mid-course review: for full time students, this will be conducted around October/November 2021 and for part-time students, this will be scheduled in April/May 2022.
- Learners will make a final case written submission and a presentation to the assessing panel which will include tutors and peers where they will be expected to clearly demonstrate the application from the 10 distinct learning modules to their practice. Deadlines for submission of written work drafts and final copies will be included in the course handbook.

What will be assessed and how

Students will be required to submit a portfolio to evidence their understanding of the 7 core learning outcomes. The portfolio will contain an index clearly specifying where the supporting evidence can be found and how it relates to the core learning outcomes. Assessments will be undertaken by seminar leaders, supervisor-tutors, self and peers.

In order to successfully pass the qualification your portfolio must provide evidence gathered from the 5 output strands for each criterion across the 7 learning outcomes.

- Case study written submissions should evidence all the learning objectives
- Case study presentations should evidence all the learning objectives
- Records of Supervisions-tutorials should evidence all the learning objectives
- Records of participation in seminars should evidence all the learning objectives
- Ongoing Visual Journal Content should evidence all the learning objectives

FREQUENTLY ASKED QUESTIONS

1. When can I apply?

The course is open for applications from the 1st of February 2021 and closes for applications on the 4th of May 2021

2. Where will the course be delivered from?

The 10 monthly seminars will be delivered on Zoom. Placements will be a mix of in-person and online work.

3. Will I be expected to find my own placement?

Yes. This can be your current place of work or a place where you are undertaking voluntary work. You will be expected to discuss the suitability of your potential placement setting with your allocated supervisor to ensure that it can provide a good enough environment to enable you to apply the course learning. BAAT can provide some support if finding a placement is a challenge but you will need to be active in helping to find this

4. Will I need Professional Indemnity Insurance and a DBS?

Yes, you will need both before starting your practice placement.

5. Will I be expected to find my own supervisor?

No. A supervisor will be allocated to you for the duration of the course. This supervisor will be a suitably qualified and experienced art therapist who will be fully versed with the course curriculum to enable you to maximise the application of learning to your work setting. Supervision will be provided by a member of the course faculty on a monthly basis on zoom or in-person when circumstances allow this.

6. Will I have to pay for my supervisor?

No. The cost of supervision is included in the course fees.

7. Do I need to have a certain amount of experience of working with children?

Although it will be helpful to have had at least one year's experience of working with children there is no minimum experience required for learners.

8. What age of children will the course focus on?

The course will be suitable for those working with children and young people from 2,5 to 18 years of age. Candidates working with children out with this age range such as early years nurseries will also be considered on a case-by-case basis to ensure that they can apply the course content to their clients.

9. Will it improve my chances of employment?

Yes. Art Therapy with children and young people is a significant growth area with increasing opportunities for employment within schools, charities, nurseries, PRUs etc. The Adoption Support Fund has considerable ring-fenced finance for Art and other creative therapies to support children and young people. In addition, the current pandemic has exacerbated the existing year on year increase in children and young people's mental health issues and there is likely to be a higher demand for CYP therapists within many sectors.

10. Will employers recognise this qualification?

Employers recognise the value of BAAT endorsed CPD and CPCAB validates a number of highly respected courses. This course will serve as the equivalent of a quality kite mark for Art (s) therapy with children.

11. Will I be required to be in personal therapy during the course?

Learners, as qualified Arts Therapists, will have undergone their own personal therapy as part of their training. It will therefore not be a requirement that learners are in personal therapy for the course duration. If the learners are overseas candidates who have not previously undertaken personal therapy, a minimum of 15 hours experience of therapy prior to starting or within the first 6 months of the course will be a pre-requisite. All learners will be required to make appropriate reflective links to their own process during guided learning, tutorials and supervision sessions.

12. If I am not an HCPC registered art therapist, can I apply?

We welcome applications from overseas art therapists but if working in the UK, you do need to be an HCPC registered art therapist.

13. Will I be expected to have done voluntary work prior to the course?

Voluntary work is not a prerequisite for the course.

12. How much does the course cost?

The course costs £4,650 for the full-time option (theoretical component & case work to be completed in one year) and £5,150 for the part time option (theoretical component to be completed in year 1 & case work in year 2).

13. What's the difference between the full-time and part-time mode?

Full-time and part-time learners attend the same monthly taught modules together. Full-timers complete their practice placement during that year and submit their written work within 12 months of starting the training. Part-time learners start their practice placement in year 2 and submit their written work at the end of their 2nd year.

14. Can I pay in instalments?

Yes. The cost can be paid in instalments per month over 12 months. Part time students can pay in monthly instalments over 24 months.

15. Are there any discounted packages?

Yes. We can offer 10% discount if payment is made in full in accordance with the terms of our Early Bird offer (deadline for this offer is 11th May 2021)

16. Are there any other financial benefits?

Yes. Learners would also receive 20% discount on BAAT CPD courses during their term as a student.