

## ONE WEEK ART THERAPY FOUNDATION COURSE – 2020

This course is intended for people who may consider art therapy as a career and want to train as an Art Therapist. It is also useful for healthcare workers who want to gain a better understanding of art within a care context. This course will offer an opportunity to gain a deeper understanding of art therapy with different client groups. It also has an experiential element, with a whole day of workshops using a range of art making directives to help participants integrate theories learnt on the course. No previous formal experience of art making is required, but it is important to be prepared to take part in workshops.

Book online at [www.baat.org](http://www.baat.org)

Monday	Tuesday	Wednesday	Thursday	Friday
9.30 – 11.00 <b>Attachment &amp; trauma informed approaches to art therapy</b> <u>Neil Springham</u> (All day)	9.30 – 11.00 <b>Experiential Workshops:</b> Using a range of art directives to help participants integrate theories learnt in day 1. <u>Amanda Dudley</u> (All day)	9.30 –11.00 <b>Trauma, Trust and Co-production</b> <u>Ioanna Xenophon</u> (Lived Experience Practitioner-facilitator-researcher)	9.30 –11.00 <b>Art therapy practice with children and young people</b> <u>Mary Rose Brady</u> (All day)	9.30-11.00 <b>Art therapy and learning difficulties</b> <u>Alan Henderson</u>
11.00 to 11.30	Tea break			
11.30-13.00 As above	11.30-13.00 As above	11.30-13.00 <b>Art therapy groups</b> <u>Francesca La Nave</u>	11.30- 13.00 As above	11.30 – 13.00 <b>Attachment-based Art Therapy within Perinatal Services</b> <u>Diane Bruce</u>
13.00 to 14.00	Lunch Break			
14.00 -15.30 As above	14.00-15.30 As above	14.00–15.30 <b>Art therapy practice in palliative care</b> <u>Samantha Chilvers</u>	14.00–15.30 As above	14.00 - 15.30 <b>Plenary and where to next?</b> <u>Val Huet</u>
15.30 to 16.00	Tea break			
16.00-16.30 As above	16.00-17.30 As above	16.00-17.30 <b>Adapting art therapy practice to working within contexts of conflict and social upheaval</b> <u>Bobby Lloyd</u>	16.00 -16.30 As above	

\*Please note: This programme is an example only and is subject to change.