

TOBIAS SCHOOL OF ART & THERAPY

Tobias School of Art & Therapy is an art & therapy college with a transpersonal approach. We offer a unique curriculum which unites a broad range of practical and academic experiences into a whole journey. Tobias has an excellent reputation based on 30 years' experience of training arts counsellors.

Our **Transpersonal Arts in Therapy** course runs every September. This is a Masters level award, validated by City & Guilds. This course responds to a growing need to expand the concepts and practice of art therapy.

It is run on Mondays, Tuesdays and Wednesdays from 9 am to 4.30 pm for the first two years. The final year will be spent in clinical placement. We also offer the option of a four year modular course.

Candidates will require a first degree and have completed the Tobias Transpersonal Arts Skills course or its equivalent elsewhere. Candidates will be expected to produce a folio of their recent artwork.

The programme consists of perspectives on human development, which derive from anthroposophical traditions as well as contemporary psychology and psychiatry which are explored through various themes in training. Themes are delivered in modules. All modules include art making, lectures, individual and group experiential work and seminars.

CPD courses

Saturday 18 and Sunday 19 June £125

Jumping Mouse – a native American story. Working with story and image, you will gain insight and skills in using story for therapeutic purpose. This course emerges out of Dr Annejet Rumke's research on general psychiatry, anthroposophic and other current

views and the possibilities of other forms of treatments gathered in her recently published books on psychiatry and burnout.

Dr Annejet Rumke is an anthroposophical medical doctor and psychotherapist specialising in constitutional and psychiatric problems for children and adults. She teaches in Holland, Germany, and Russia.

Saturday 9 and Sunday 10 July 2011 £125

A Theatre in a Sandbox

Sandplay is a safe and creative approach to image and symbol work used in counselling with adults and children. Working with a range of miniature figures, the sand player creates their world view following their energy in the moment. Both conscious and unconscious material may be evoked within the safe containment of the sandbox. Through the creation of this scaled down world, we gain insight into our current concerns, get perspective, explore polarities and reconcile aspects of self. There will be opportunity for hands-on work.

Led by Suki Abbott, UKCP Integrative Arts Psychotherapist, artist and trainer.

www.tobiasart.org

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