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Members Needed for Supervision Group

This group is for arts psychotherapists who work with complex and 'difficult to engage' clients, including those in forensic settings. There is an emphasis on exploring the personal impact of this work both on ourselves and the wider MDT. Attention is also paid to the roles that we take up within the organisations we are employed in and how this affects our relationships with both service users and colleagues.

Integral to the supervision process is the use of art-making and movement, as this helps us stay connected to the fundamental creativity of our disciplines. The group is particularly useful for therapists who work alone, in small departments or who have limited clinical experience.

The group meets for 3 hours, 6 times a year.

Supervisors:	Tobias Arnup, Art Psychotherapist Pauline Sayhi, Dance Movement Psychotherapist
Venue:	The Claremont Project, 24-27 White Lion Street, London N1 9PD
Times:	6 Saturdays per year 10.30 - 1.30
Fee:	£79 per session

Tobias Arnup is a state registered art therapist and has an MA in Consultation and the Organisation from the Tavistock Clinic. He is a founder member of the Forensic Arts Therapist Advisory Group and has worked in a variety of settings including a prison, psychiatric intensive care units, independent secure hospitals and NHS Medium Secure Units. He is interested in how our roles develop in these settings, particularly given the various, and sometimes contradictory, 'primary tasks' of the organisations within which we work.

Pauline Sayhi is a registered dance movement psychotherapist who has also completed the Jungian Bodysoul Rhythms Leadership training with Marion Woodman. She has worked in forensic mental health for the last 9 years and has extensive experience of working with adults and children with learning difficulties. She is currently exploring the pertinence of attachment theory in relation to the therapeutic alliance and in developing new, patient-centred approaches to engaging service users in therapy.

For further information or to apply for a place in the group,
email tobiasarnup@onetel.com
or call Pauline on 07796 131469

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