

# THE BRITISH ASSOCIATION OF ART THERAPISTS

24-27 WHITE LION STREET, LONDON N1 9PD

## The Other Face- an Introduction to Mask-Work

**Convenor: Eva Weaver**

**Date: Saturday 10th July 2010– Time: 10.00 am to 4.00pm**

**Venue: 24 -27 White Lion Street, London N1 9PD**

This workshop is both experiential and theoretical and gives participants an introduction into the potential of mask-work in therapy and self-development. Masks have fascinated people for thousands of years- from the use of masks in shamanism, carnival to theatre and therapy, masks have been recognised as potent objects of transformation, play and healing. Mask-work facilitates a powerful and playful way to explore aspects of the self, look behind the 'masks of everyday life' and to work effectively with issues of identity and authenticity. Masks invite us to connect or re-connect with our creativity and with parts of ourselves that have been lying hidden, dormant or forgotten: facets that might want to be recognised, brought to light and 'show their faces'.

An overview over the origin of masks and the historical, anthropological, spiritual and creative use of masks will be given and the use of masks with a variety of clients will be presented. This includes case-material from various projects, including work with women affected by HIV and AIDS, Personality Disorder, long-term and enduring Mental Health problems and within self-development. The workshop will give opportunity for discussion and various mask-making techniques can be explored such as creating masks from clay, natural and everyday /'junk' materials. Different ways of connecting with the made masks and ways to 'get into' or 'behind the mask' will be introduced. We will look at work with masks in the framework of therapy, counselling and self-development, its varied uses and possible dangers and limitations. The workshop does not require any previous experience of working with masks or any artistic experience. This day is suitable for anyone interested in mask-work. This could be in regards to self-development or an interest in the application of mask-work with a particular client group. The workshop is particularly suitable for Arts Therapists (Music-, Dance-Movement-, Drama- or Art Therapists), Counsellors, Psychologists, Psychotherapists, Social workers or those in training for any of the above professions.

**Eva Weaver** is an Art Therapist who has worked with a broad variety of client groups both on a freelance basis and in the NHS. A particular focus has been work with mask. For over ten years she has facilitated courses and workshops in mask-work in the UK and abroad in the area of self development, with women affected by HIV and AIDS, adults with learning difficulties, clients with mental health problems, the LGBT community and young people in care. Since 2008 she has been working in private practice with 'Wildwing-Centre for Creativity and Growth' ,offering Art Therapy, Creativity Coaching, Shamanic Counselling and therapeutic Mask work [www.wildwing.co.uk](http://www.wildwing.co.uk)

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Name (Block capitals please)			
Address			
E-mail			
Daytime telephone number		Evening telephone number	

**Fee BAAT members (non BAAT members add £20 to each rate):**

**Employer – funded: £150 Self-funded Full Time Employed: £110,**

**Self-funded Part Time Employed (2.5 days or less self-funded): £90,**

**Trainees on qualifying Art Therapy MA / Unemployed: £40**

**Return booking slip and cheque to BAAT at the above address. Enquiries: 020 7686 4216**

**or [info@baat.org](mailto:info@baat.org)**