

The Therapeutic Use of Embodied Experiences

A Series of Intensive Weekends



Perspectives from Dance Movement Psychotherapy



Queen Margaret University
EDINBURGH

- professional development opportunities to care professionals working in the health sector, education, social or voluntary settings
- open to students and qualified practitioners in dance and the other arts, counselling, psychotherapy and arts therapies
- useful stepping stones for those interested to apply to the MSc in DMP that offers to successful graduates full professional qualifications and licence to practise

22-23 October 2011 Dr Vicky Karkou

Building relationships through the embodied self – an introduction to DMP and Marian Chace
Open to all. £185 (£130 concessions)

3-4 December 2011 Fran Lavendel

Exploring the inner self – an introduction to Authentic Movement, a practice of embodied presence as a mover and as a witness
Open to all. £185 (£130 concessions)

18-19 February 2012 Ruth Massie

Using movement and non-verbal communication for people with disabilities – theory and applications
Open to all. £185 (£130 concessions)

14-15 April 2012 Dr Vicky Karkou

Exploring the dance of play with children and adolescents – theory and applications
Open to all. £185 (£130 concessions)

For those attending all four weekends, there is a reduced fee of £700 (£400 concessions – saving £40 for fully paying participants and £120 for those with concessional prices). On completion of each weekend participants will receive a certificate of attendance for CPD purposes and by the end of the four weekends participants will receive a certificate of attendance for the introduction to dance movement psychotherapy.

2-3 June 2012

Trusting the wisdom of the body in supervision
– A unique opportunity to combine body-based and action methods in the context of clinical supervision.

Open to qualified arts therapists (drama, dance movement, music or art therapists), counsellors and psychotherapists (or other professionals who use psychotherapeutic supervision for their clinical practice). £185 (£130 concessions)

Participants will be invited to wear loose clothes and be prepared for experiential work.

No prior experience of movement work is needed.

Note: Completion of the series of intensive weekends will not entitle participants to register or practise as qualified dance movement psychotherapists. Furthermore, these weekends will not offer personal therapy. Although engagement in learning and experiential workshops can be therapeutic in themselves, participants are requested to take full responsibility for their health and wellbeing.



For further information

see: www.qmu.ac.uk/at/Weekends_in_Dance_Movement_Psychotherapy.htm
contact: Dr Vicky Karkou Email: VKarkou@qmu.ac.uk Tel: 0131 474 0000
registration and payment: School Office HSAdmin@qmu.ac.uk