

**THE BRITISH ASSOCIATION OF ART THERAPISTS**  
24-27 WHITE LION STREET, LONDON N1 9PD

**BRIEF APPROACHES TO ART THERAPY**

**Convenor: Neil Springham**

**Dates: 25<sup>th</sup> & 26<sup>th</sup> September and 27<sup>th</sup> & 28<sup>th</sup> November 2009**

**10.00 am to 5.00 pm**

**Venue: 24 -27 White Lion Street, N1 9PD**

The pressure of working within a limited time frame concerns many Art Therapists. Practitioners wonder if any work of quality can happen and whether they have the right tools to do Brief Art Therapy. There is a general unacknowledged prejudice against Brief Therapy. The patients often mirror these anxieties.

The course will consist of two blocks. It will involve looking at what happens to our thinking when we embark on short-term therapy. Specifically, this will mean looking at our tendencies as Art Therapists and at institutional demands. We will visit other Brief Therapy models such as Cognitive Analytic Therapy, Goal Oriented Therapy and the work of Yalom. We will look at these in relation to our own practice.

There will be an emphasis on supervising clinical work and participants are encouraged to bring case work. Given the space between the two modules, there will be an opportunity to think around on-going Brief Art Therapy.

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Name (Block capitals please)			
Address			
e-mail			
Daytime telephone number		Evening telephone number	

**Fees BAAT members (Non- Members please add £30 to rates):**  
**Employer funded - £550                      FT Employed self-funded: £400**  
**PT Employed (2.5 days or less) self-funded: £380**

Please return slip and cheque made payable to

'The British Association of Art Therapists' to:

**BAAT, 24-27 White Lion Street, London N1 9PD.**

Enquiries: 020 7686 4216 – [info@baat.org](mailto:info@baat.org)