

THE BRITISH ASSOCIATION OF ART THERAPISTS

24-27 WHITE LION STREET, LONDON N1 9PD

Alternative approaches to engagement and ways of engaging 'difficult' people.

Alternative approaches to engagement and ways of engaging 'difficult' people

Convenor: Karen Huckvale

Date: Saturday 27th March 2010– Time: 10.00 am to 4.00pm

Venue: 24 -27 White Lion Street, London N1 9PD

Art psychotherapists are frequently asked to work with the 'hard to engage'. Doing this often means alternative approaches. This course addresses questions like: What are we actually trying to achieve? Why are we trying to engage this particular person? Why are they hard to engage/ difficult? What is the message in not engaging? What does it do to us if we struggle to engage someone? Through a mixture of practical and creative exercises, discussion and presentation this course will explore a variety of approaches which help. This will include: paradoxical approaches; various approaches to silence; joint image making, encouraging non participation; specific highly achievable tasks; specific ridiculous tasks; explicit, negotiated skills building – about art making and about ways of talking about, and with, pictures.

Karen Huckvale, BA(Hons) PG Dip Art Therapy, worked as a knitwear designer, commercial graphic artist and Foundation Studies lecturer in various art colleges before training as an art therapist at University of Sheffield in 1993. She currently works part time with Devon Primary Care Trust CAMHS. Karen has considerable experience of working with hard to engage adolescents and adults in inpatient, assertive outreach and outpatient settings. Her clinical work focuses on significant attachment and personality difficulties resulting from abuse and/or trauma. Karen is a BAAT registered supervisor; co director of Insider Art an independent Arts & Health training provider; founder member, trustee and treasurer of Arts & Health South West a registered charity; she has a small private practice in Exeter and is in business as an artist.

Alternative approaches to engagement and ways of engaging 'difficult' people.

Date: Saturday 27th March 2010– Time: 10.00 am to 4.00pm

Name (Block capitals please)			
Address			
E-mail			
Daytime telephone number		Evening telephone number	

Fee BAAT members (non BAAT members add £20 to each rate):

Employer – funded: £150 Self-funded Full Time Employed: £110,

Self-funded Part Time Employed (2.5 days or less): £90 Trainees on qualifying Art Therapy MA / Unemployed: £45

Return booking slip and cheque to BAAT at the above address. Enquiries: 020 7686 4216 or info@baat.org
