

The British Association of Art Therapists

ART THERAPY GROUPS WITH ADULTS IN MENTAL HEALTH SERVICES

Convenors: Val Huet & Joan Woddis

Monday, 12th & Tuesday 13th May 2008

Venue: Claremont, 24 -27 White Lion Street, London N1 9PD

This workshop provides a forum for extending ideas about theory and practice for this client group, where group art therapy is often the intervention of choice. This client group presents a challenge in that it has a wide spectrum of needs and we will explore the different types of Art Therapy groups that we can provide to meet these needs. Attention will be given to the aims of the group, the assessment process, setting boundaries, establishing a group culture and thinking about the impact of organisational dynamics on the group. Participants will have the opportunity to share experiences from their own practice. The workshop will be of particular value for Art Therapists already running groups. It will also be of interest to Art Therapists with experience in individual work who would like to extend their practice to include groups for adults in Mental Health Services.

Val Huet has been the Chief Executive Officer of the British Association of Art Therapists since 2003. She qualified as an Art Therapist in 1986 and has practised since then in Adult Psychiatry and later within a Child and Adolescent Mental Health Service. She is a qualified Group Psychotherapist and Organisational Consultant. From October 1992 until July 2003, Val taught at Goldsmiths College on the Art Therapy Training. She co-founded the Art Therapy Research Network with Neil Springham and Dr Chris Evans and still practices as an Art Therapist.

Joan Woddis trained as an Art Therapist in the late Seventies after a lengthy career as an Art teacher in both mainstream and Special Education. For many years she worked as a full-time tutor on the Post -Graduate Diploma in Art Therapy at Goldsmiths College until her semi-retirement although she continued to act as a tutor on the MA in Group Psychotherapy until recently. She completed a training in Group -Analytic Psychotherapy in 1983 and was subsequently appointed as a practising member of a Psychotherapy clinic in West London, largely conducting on-going verbal groups. She now practises privately as an Art Therapist, both individually and with groups, and is a Clinical Supervisor. She is the Vice President of the BAAT.

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Monday 12 & Tuesday 13 May 2008 - 10.00 am to 4.00 pm

Name (Block capitals please)			
Address			
e-mail			
Daytime telephone number		Evening telephone number	

Fee: Employer funded £250 FT employed self funded £190 Part-time employed (2.5 days or less) £150

Please detach this form and send it with your cheque made payable to:

'The British Association of Art Therapists' to the following address

24-27 White Lion Street, London N1 9PD

Tel: 0207 686 4216 www.baat.org