



Art Therapy Practice Research Network Symposium
Learning from the Matisse study and building description of Art Therapy practice
for research

Venue: Claremont, 24 – 27 White Lion Street, London N1 9PD
Convenors: Val Huet & Neil Springham
Friday 11th November 2011 – 10.00am to 4.30pm

Although the Matisse Study results were disappointing in terms of evidencing the use of Group Interactive Art Therapy with People with Schizophrenia, there is much for Art Therapists to learn from this experience that will be useful in building a strong research base. **Professor Mike Crawford** will open the day by outlining the research protocol used in the Matisse study and will lead a discussion on learning points that will be useful to embed in Art Therapy research. **Dr. Sue Patterson** conducted a parallel qualitative study on description of Art Therapy practice in the Matisse and together with **Professor Diane Waller**, analyzed and wrote up the findings which they will both present (these are shortly to be published in the Inscape Journal). This will lead us to the topic of how to build descriptions of Art Therapy practice for research. One of the first steps towards research is often a basic but essential audit that gives an accurate picture of services and clients. **Cliff Free**, together with members of **BAAT Regional Group 2**, have developed and run an audit cycle in CAMHS for the last five years. Cliff will present the audit findings and the work he is now doing to set up a BAAT national audit for Art Therapists working in CAMHS. Another step towards research is building professional consensus on practice description, and work is already under way within some BAAT Special Interest Groups (SIGs), notably in the Personality Disorders SIG. **Neil Springham** will outline how practice guidelines have been drafted within this SIG, using a Delphi cycle approach. BAAT has a stated aim to work actively with Service Users, and their views and descriptions of lived experiences need to be embedded in both research and practice. **Farhad Afghani and Amy Woods**, service users and members of ResearchNet will present how to use recorded interviews in heuristic research into Acute States. Another essential element in conducting good research is the role of the organization hosting the projects, as lack of support and cooperation can have a negative impact on progressing any research. **Val Huet** will outline some of the steps needed to ensure and maintain organizational support.

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Name <small>(Block capitals please)</small>			
Address			
Email			
Daytime telephone No		Evening telephone No	

Fee BAAT members (including lunch and refreshments) - Employer funded: £75; Self funded Part-time (under 2.5 days): £45; Self funded Full-time (over 2.5 days): £55; BAAT Trainee member: £25 (non BAAT members add £20 to all fees)

Please detach this form and send it with your cheque, made payable to 'BAAT', 24-27 White Lion Street, London N1 9PD. If you wish to pay by credit card, please post or email this form, clearly stating 'credit card payment to be made' and we will ring you for your card details.

We operate a cancellation policy – please see our website for details.

**Friday 11th November 2011
PROGRAMME**

9.30 Registration

10.00 The Matisse Study – an overview and some learning points – Professor Mike Crawford

11.30 Coffee

12.00 Qualitative Study on Art Therapy Practice – Professor Diane Waller and Dr Sue Patterson

13.00 Lunch

13.45 The use of Audit towards Research – a CAMHS audit and towards a BAAT national audit – Cliff Free.

14.15 Developing Art Therapy Practice Guidelines - Using the Delphi Cycle method in developing practice guidelines within the BAAT Special Interest Group on Personality Disorders. Neil Springham

14.45 Coffee

15.00 The views of Service Users: using recorded interviews in heuristic research into Acute States – Farhad Afghani and Amy Woods

15.30 Organisational issues when conducting research – Val Huet

4.00 Plenary and discussion

4.30 End of Day